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### Welcome to LNER's Green Guide

Following the success of LNER's first Green Guide launched in summer 2021, which highlighted some of the most sustainable places to eat, sleep and play in Edinburgh, London and Newcastle, we're excited to bring you this latest edition.

The LNER Green Guide summer edition showcases some of the very best spots to discover in another three of LNER's most loved destinations - Inverness, Harrogate and Lincoln. These three destinations embrace the history and culture of their locations, which makes them special for visitors wanting to discover something new. From the natural beauty of the River Ness to a climb up Steep Hill to Lincoln Cathedral or to the iconic Bettys which serve up some of Yorkshire's finest.

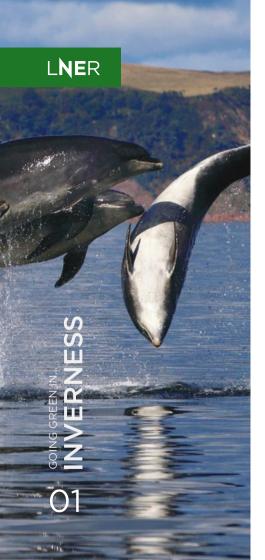
The distinctive destinations featured in this Green Guide have combined this rich heritage with supporting the movement towards more sustainable tourism and the introduction of green spaces, eco-friendly options of hotels and restaurants and intercity eco-transport options. At LNER we have an ongoing commitment to sustainability, from our new fleet of Azuma trains to the way in which we process our waste, reduce water usage and promote recycling.

Travelling by train is the most eco-friendly mode of motorised transport, particularly our world-class Azuma trains which run under electric power on much of our network. If over the next year each of us substituted just half of our planned leisure car and plane journeys within the UK with train, we'd reduce our carbon emissions by a staggering 331 kgs.

This LNER Green Guide will provide a unique reference to staying sustainably when you visit Inverness, Harrogate or Lincoln, with tips shared from LNER colleagues, locals and tourism organisations. We hope that you enjoy your journey. Please don't forget to tag us on Twitter or Instagram **@LNER** and **#GreenGuide** so that everyone can see where and what you've been enjoying!

David Horne, LNER Managing Director





### **PLACES TO VISIT**

**IN INVERNESS** 

### DOLPHIN SPIRIT INVERNESS

**BEST FOR:** Dolphin spotting

**ADDRESS:** Stadium Rd, Inverness IV1 1FF

Get to know Inverness' wildlife with Dolphin Spirit Inverness. There are two tours of differing lengths, and both give you the chance to see bottlenose dolphins, along with seals, otters, and a variety of birdlife.

Dolphin Spirit is a voluntary member of the Dolphin Space Program, an initiative set up to protect this rare population of dolphins while still allowing people to enjoy seeing them in the wild. They are also accredited with a Bronze Green Tourism award.

### INVERNESS CITY CENTRE WALKING TOUR

**BEST FOR:** Getting to know Inverness

ADDRESS: Across the city

Walking Tours in Scotland was started in 2017 in Glasgow and has since expanded across the country. The Inverness tour starts from outside the Visit Scotland Inverness iCentre in the city centre, close to the station, and aims to give you a local's insight into the city.

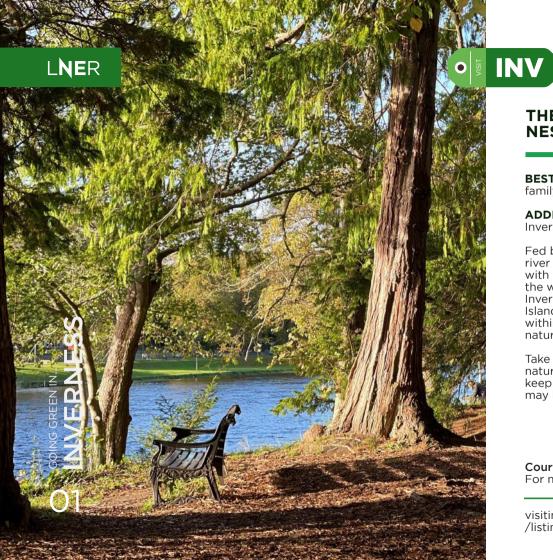
Discover the history of Inverness, and everything the city has to offer while supporting a local business and sustainable tourism.

**Courtesy of Visit Inverness Loch Ness**, For more: visitinvernesslochness.com

**Courtesy of Visit Inverness Loch Ness,** For more: visitinvernesslochness.com

dolphinspirit.co.uk

walkingtoursin.com/inverness



### THE RIVER NESS & NESS ISLANDS

**BEST FOR:** Nature lovers, family day out

**ADDRESS:** Ness Islands, Inverness IV2 4RT

Fed by the famous Loch Ness, this river is perfect for an afternoon walk, with views of Inverness Castle along the way. Walking away from central Inverness you will come to Ness Islands, a formation of natural Islands within the River Ness and an oasis of natural calm away from the city.

Take a moment to reconnect with nature under towering pine trees and keep an eye out for any monsters that may have escaped from the loch!

**Courtesy of Visit Inverness Loch Ness,** For more: visitinvernesslochness.com

visitinvernesslochness.com /listings/ness-islands



#### INVERNESS BIKE HIRE

**BEST FOR:** Low-impact travel

Affiliated with VisitScotland, this flexible service allows you to explore Inverness and the surrounding highlands on your own terms.

As Loch Ness is only an hour away by bike, it's the perfect way to get to see one of Scotland's most famous landmarks and the surrounding landscape while helping to preserve its beauty for the future.

# INVERNESS BOTANIC GARDENS

**BEST FOR:** Budding horticulturalists

**ADDRESS:** Bught Lane, Inverness IV3 5SS

A free attraction open seven days a week, the Inverness Botanic Gardens features tropical plants, a cactus house, fish ponds, and the Highland's largest collection of succulents.

Over half of the garden is cared for by their GROW project – designed to help those with learning disabilities develop life skills, gain work experience and find greater independence. Accessible via a moderate walk or public transport from the city centre, Inverness Botanic Gardens is the perfect place for some green-fingered inspiration for your own garden.

**Courtesy of Visit Inverness Loch Ness,** For more: visitinvernesslochness.com

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**Courtesy of Visit Inverness Loch Ness,** For more: visitinvernesslochness.com

tickettoridehighlands.co.uk /bike-hire-inverness.php

highlifehighland.com /inverness-botanic-gardens





#### **42 CYCLING**

**BEST FOR:** Outdoor enthusiasts and keen cyclists

**ADDRESS:** The Pavilion, Bellfield Park, Inverness IV2 4SZ

For those who prefer something with more structure, 42 Cycling provides guided highland cycle tours with routes starting and finishing in Inverness.

See some of Scotland's most stunning scenery on a single-day tour, or for those feeling a little braver, take a multi-day trip and really get to the heart of Scotland. All tours are supported by enthusiastic guides and can be tailored to your needs.

**Courtesy of Visit Inverness Loch Ness,** For more: visitinvernesslochness.com

#### LEAKEY'S BOOKSHOP

**BEST FOR:** Bookworms and antique hunters

**ADDRESS:** Greyfriars Hall, Church Street, Inverness IV1 1EY

Wander down a quiet street behind the Old High Church on the River Ness and you'll find a veritable haven of second-hand books, classic prints, and rare maps. Located in a beautiful old church building, Leakey's is crammed full of amazing titles over two floors, with a wood-burning stove next to a winding staircase enticing you to explore.

Leakey's is thought to be the largest bookstore in Scotland, and you can lose yourself for hours in a cosy corner leafing through exquisite collectors' items to find a memento of your visit to Inverness to take home.

Courtesy of Kate McFerran, LNER Director of Communications



### AN TALLA BY LOCH NESS

**BEST FOR:** Shoppers and coffee lovers

**ADDRESS:** Dochgarroch Lock, Dochgarroch, Inverness IV3 8JG

Perched on the banks of the Caledonian Canal, An Talla features shops, cafes and eateries which are perfect for a morning or afternoon in the Highlands. Focussing on locally sourced produce and skills, it provides an authentic local experience for visitors.

#### CULLODEN BATTLEFIELD

**BEST FOR:** History lovers

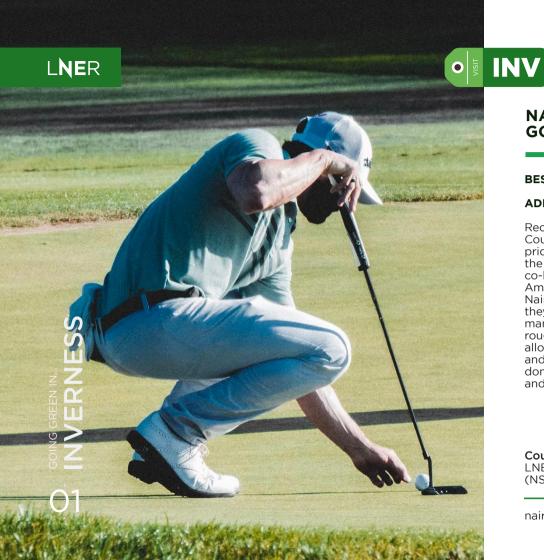
**ADDRESS:** Culloden Moor, Inverness IV2 5EU

Culloden Battlefield is a vast moor where the 1745 Jacobite Rising came to a tragic end. Featuring a battlefield site, museum, shop and café, the site also recently won a Green Tourism award for their sustainability efforts.

Courtesy of Graeme McKinnie, LNER Station Manager (NSFO Scotland)

an-talla.co.uk

Courtesy of Graeme McKinnie, LNER Station Manager (NSFO Scotland)



#### NAIRN DUNBAR GOLF CLUB

**BEST FOR:** A hole in one!

ADDRESS: Lochloy Rd, Nairn IV12 5AE

Recently named Environmental Golf Course of the Year 2021, Nairn Dunbar prides itself on green credentials. With the club looking forward to co-hosting qualifying for The Amateur Championship with The Nairn Golf Club next summer, they have implemented a rough management plan to return the links roughs to their natural condition, allowing native grasses, wildflowers and heathers to regenerate to a dominant position and leave open and wispy roughs.

Courtesy of Graeme McKinnie, LNER Station Manager (NSFO Scotland)



### **PLACES TO EAT**

### IN INVERNESS

#### **CAFÉ ARTYSANS**

**BEST FOR:** Supporting Inverness' community

**ADDRESS:** 7 Strothers Lane, Inverness IV1 1LR

Café Artysans is a Calman Trust group member, providing work and life skills to young people and supporting them to an independent adult life. It's a great cause to support, their menu uses ingredients sourced sustainably from local suppliers, and their food is freshly made by the young people.

It is located in the city centre, easy to reach from the station on foot and close to Inverness' bus links.

**Courtesy of Visit Inverness Loch Ness,** For more: visitinvernesslochness.com

cafeartysans.org.uk

### THE BLACK ISLE BREWING COMPANY BAR

**BEST FOR:** Organic beer lovers

**ADDRESS:** 68 Church Street, Inverness IV1 1EN

The Black Isle Brewing Company produces organic local beers which are popular all over the world. Their home brew is produced from a 125-acre estate, which is an organic working farm.

Brewing beer since the 1990s, they complete the sustainable cycle by feeding the spent grain from their mash tun to the livestock, hens and horses on the farm. They also use herbs, fruits and vegetables as interesting additions in their beers.

Courtesy of Graeme McKinnie, LNER Station Manager (NSFO Scotland)

blackislebrewery.com/black-isle-bar



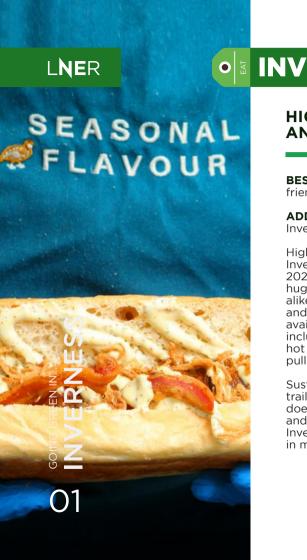
### BLEND TEA & COFFEE MERCHANTS

**BEST FOR:** Anyone looking for a caffeine boost

**ADDRESS:** 9 Drummond Street, Inverness IV1 1QD

Serving up tea and coffee in the heart of Inverness, Blend has a menu that caters towards all diets including vegan, vegetarian and gluten-free. Blend can be found in the city centre, close to the station, and it's the perfect stop for lunch or a snack break after exploring the city.

**Courtesy of Visit Inverness Loch Ness,** For more: visitinvernesslochness.com



#### HIGHLAND FOOD AND DRINK TRAIL

**BEST FOR:** Foodies and groups of friends

**ADDRESS:** Ness Walk, Inverness IV3 5NN

Highland Food and Drink Trail Inverness quietly got underway in early 2022 and in a short time has proven hugely popular with locals and visitors alike to sample some of the freshest and tastiest of the Highlands produce available. Dishes to tempt tastebuds include Orkney crab burgers, venison hot dogs, smoked pork tacos and pulled jackfruit rolls.

Sustainability is at the heart of this trail, with produce that's so local it doesn't even have food miles - grown and produced right in the heart of Inverness and offering feel-good food in more ways than one.

### THE VICTORIAN MARKET

**BEST FOR:** Sweet treats and delectable cakes

**ADDRESS:** Academy Street, Inverness IV1 1JN

Capitalising on Inverness's foodie reputation, the town's covered Victorian Market is undergoing a transformation to become a food hall - and it might give a reason for someone very famous to visit. Well-known provedore of delectable cakes, pastries and sweet treats, Bad Girl Bakery will be opening its second store at the market following the success of its bakery at Muir of Ord, around 20 minutes outside of Inverness.

Their food is amazing, but don't just take our word for it - Nigella Lawson is a fan too. The Council plans to unveil the redeveloped markets in late-2022, giving food lovers another reason to discover why people are flocking to Inverness for the food scene.



#### **GIRVANS**

**BEST FOR:** Supporting local

**ADDRESS:** 2-4 Stephens Brae, Inverness IV2 3JN

If you're looking for breakfast, lunch, dinner or anything in between, Girvans Restaurant and Patisserie is the place to go. They are located in the city centre, so no need for buses or cars, and their menu has plenty of meat-free options, supporting local business in the process.

Their meat, fresh fruit and veg, and bread are all sourced in Inverness, and their homemade patisserie is perfect to finish it all off.

### ROCPOOL RESERVE RESTAURANT

**BEST FOR:** A romantic night out

**ADDRESS:** Culduthel Road, Inverness IV2 4AG

This local restaurant prides itself on using only the very best produce from the region.

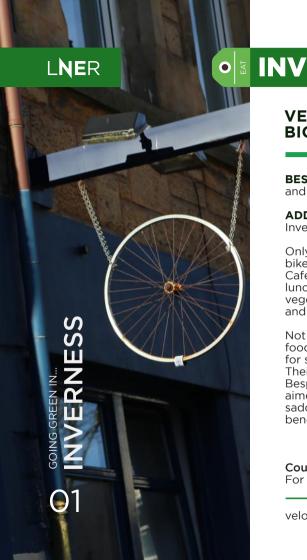
It can be found on the banks of the River Ness serving up Highland favourites in a stylish setting including Cullen Skink, local meat and fish.

**Courtesy of Visit Inverness Loch Ness,** For more: visitinvernesslochness.com

**Courtesy of Edward Rowlandson,** LNER Senior Public Affairs Manager

girvansrestaurant.co.uk

rocpool.com



# VELOCITY CAFÉ & BICYCLE WORKSHOP

**BEST FOR:** Vegans, vegetarians, and velocipedists

**ADDRESS:** 1 Crown Avenue, Inverness IV2 3NF

Only a ten-minute walk or five-minute bike ride from the station, Velocity Café & Bicycle Workshop is the perfect lunch or coffee stop and offers a vegetarian menu using locally sourced and seasonal produce.

Not only do they believe in sustainable food, but the café also promotes biking for sustainable travel and well-being. Their current projects include the Bespoked Cycling Skills programme aimed at building confidence in the saddle and promoting the health benefits of cycling.

**Courtesy of Visit Inverness Loch Ness,** For more: visitinvernesslochness.com

**RENDEZVOUS CAFÉ** 

**BEST FOR:** Film and music lovers

**ADDRESS:** 14A Church Street, Inverness IV1 1EA

Built on the site of the old Northern Meeting Rooms where the Beatles played on their first-ever tour, Rendezvous Café is a vintage cinema themed café in the heart of Inverness.

Their menu includes plenty of vegetarian options to choose from, dairy-free alternatives for your tea or coffee, and homemade cakes. Over the years, the café has become a thriving social hub and the perfect stop for brunch or lunch.

**Courtesy of Visit Inverness Loch Ness,** For more: visitinvernesslochness.com

velocitylove.co.uk

rendezvous-cafe.co.uk



### **PLACES TO STAY**

**IN INVERNESS** 

#### KINGSMILLS HOTEL

**BEST FOR:** Couples and families

**ADDRESS:** Culcabock Rd, Inverness IV2 3I P

Kingsmills is located close to the centre of Inverness, with plenty of attractions close at hand. They are committed to being an eco-friendly business and have taken steps towards greater sustainability.

These include removing single-use plastic from the hotel, recycling food waste into compost, and educating staff and guests on how best to look after the environment during a stay.

#### INVERNESS YOUTH HOSTEL

BEST FOR: Travelling on a budget

**ADDRESS:** Victoria Dr, Inverness IV2 3QB

Inverness Youth Hostel is located close to the station and is walking distance from the city centre. A great choice for travellers on a budget, this hostel is modern and comfortable with rooms to suit a variety of needs.

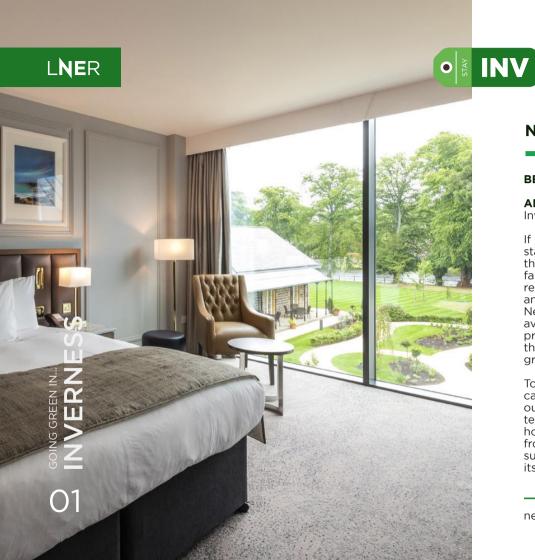
It is also in possession of a Silver Green Tourism award, making it a great choice for an environmentally sustainable holiday.

**Courtesy of Visit Inverness Loch Ness,** For more: visitinvernesslochness.com

kingsmillshotel.com

**Courtesy of Visit Inverness Loch Ness,** For more: visitinvernesslochness.com

hostellingscotland.org.uk/hostels/inverness



#### **NESS WALK**

**BEST FOR:** Luxury scenic stay

**ADDRESS:** 12, Ness Walk, Inverness IV3 5SQ

If you're looking for a five-star luxury stay while in Inverness, look no further than Ness Walk. Part of the Kingsmills family of hotels, Ness Walk has a reputation not just for its amazing decor and location on the banks of the River Ness but for some of the best fine dining available at its restaurant, Torrish. Chefs prepare Scottish haute cuisine using the freshest of local produce, some of it grown in their own kitchen garden.

Torrish is also open to the public, so you can spoil someone with a special night out or take in a sumptuous afternoon tea overlooking the River Ness. The hotel sources luxury Scottish toiletries from Arran, and embraces its natural surroundings both in its gardens and in its close proximity to Ness Islands.



# BEST WESTERN INVERNESS PALACE HOTEL & SPA

**BEST FOR:** Families and small groups

**ADDRESS:** 8 Ness Walk, Inverness IV3 5NG

Overlooking the River Ness, this four-star hotel has a Silver Green Tourism award and is easily accessible from the station and rest of the city.

Their restaurants use seasonal local produce as part of their menus, which reduces the miles needed to get your food to your plate - a great way to reduce the carbon footprint of your stay.

**Courtesy of Visit Inverness Loch Ness,** For more: visitinvernesslochness.com





#### GLENUIG HOUSE BED & BREAKFAST

**BEST FOR:** Staying close to the city centre

**ADDRESS:** 29 Fairfield Rd, Inverness IV3 5QD

This charming bed and breakfast is based in an elegant Victorian town house. Glenuig House is a short walking distance from the railway station, has easy access to Inverness' public transport, and can cater for different dietary needs including vegetarians.

### ACER GLEN BED & BREAKFAST

**BEST FOR:** A world-class Scottish stay

**ADDRESS:** 34 Greig St, Inverness IV3 5PX

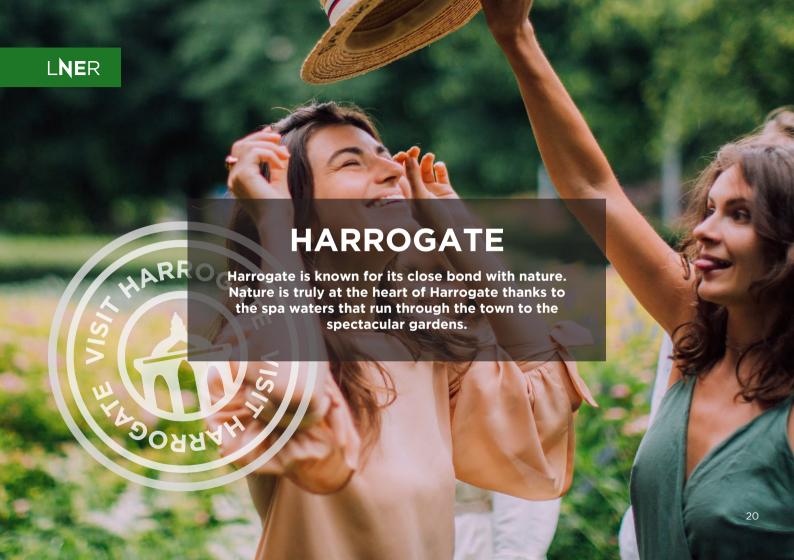
Acer Glen holds a Silver Green Tourism award in recognition of its sustainable practices. Its breakfast uses locally sourced ingredients, and they hold a Taste Our Best award from VisitScotland, so you know that it's some of the best food Scotland has to offer.

Not only that, but it is just a short walk from the station and is in easy reach of the rest of Inverness, making it the perfect home base for a trip to the city.

**Courtesy of Visit Inverness Loch Ness,** For more: visitinvernesslochness.com

**Courtesy of Visit Inverness Loch Ness,** For more: visitinvernesslochness.com

glenuighousebedbreakfast.invernesshotels.com/en acerglen.co.uk





### **PLACES TO VISIT**

#### **IN HARROGATE**

### THE REFILLING STATION

**BEST FOR:** Stocking up on supplies sustainably

**ADDRESS:** 49 Cold Bath Road, Harrogate HG2 ONL

The Refilling Station Harrogate has just opened a bigger shop in the town, meaning more space for their popular refillable items.

Bring your own containers and stock up on cupboard essentials, toiletries, gifts and household items - all in an eco-friendly way. This plastic-free approach has proven hugely popular with Harrogate residents and tourists alike.

### HARROGATE ELECTRIC BIKE HIRE

**BEST FOR:** Avoiding taxis

**ADDRESS:** 1 St Johns Terrace, Harrogate HG1 5JN

What better way to explore Harrogate and the surrounding area than by bike? It's good for you and good for the environment, and is much quicker than on foot, leaving you with more time to enjoy everything that Harrogate has to offer.

**Courtesy of Melissa McMinn,** LNER Product Development Manager Courtesy of LNER's Travel team, Harrogate station

refillingstation.co.uk

harrogateelectricbikes.co.uk



#### **VALLEY GARDENS**

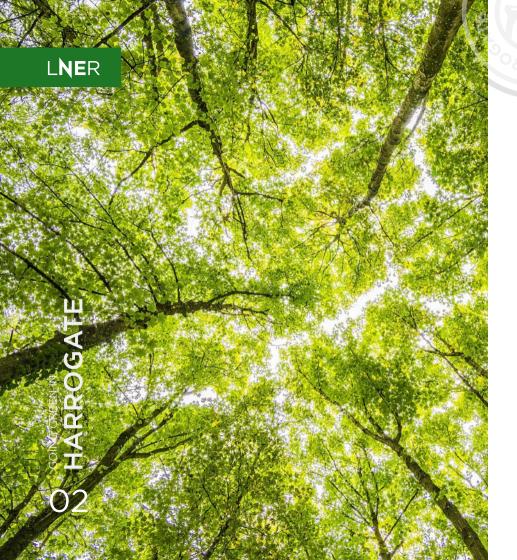
BEST FOR: Families, dog lovers, everyone

ADDRESS: Valley Drive, Harrogate HG1 2SZ

A short walk from the railway station is Valley Gardens, offering 17 acres of English Heritage Grade II listed park-land, themed gardens, floral displays and historic buildings. There's enjoyment for all the family with a range of attractionsincluding a playground, skatepark, and seasonal paddling pool. Or you can try your hand at the popular minigolf.

For something a little quieter, enjoy an afternoon stroll through the Victoria Gardens, which include the distinctive Japanese and New Zealand gardens. In the summer you can even catch a spot of live music on a Sunday afternoon, but the gardens are open all year-round, so you won't miss out no matter when you visit.

Courtesy of LNER's Travel team, Harrogate station





**BEST FOR:** Getting back to nature

**ADDRESS:** The Pine Woods, Harrogate

HG3 1QA

Take your afternoon walk further out into nature with a trip to the Pine Woods, easily accessible via Valley Gardens. This 96-acre woodland has plenty to explore, including three orienteering trails of varying challenge, so no matter your experience level, you can enjoy a course that suits you. Keep your eyes peeled for deer and other wildlife that makes their home here.

Although the Pinewoods is situated at the highest point in Harrogate, many of the paths through it are relatively flat. One of the most popular walks is that which links the Valley Gardens with the RHS Harlow Carr gardens in Crag Lane, which is locally referred to as either Mile or Memorial Walk.

Courtesy of LNER's Travel team, Harrogate station



#### **JARFULL**

**BEST FOR:** Sustainable shopping

**ADDRESS:** 2 Bower Street, Harrogate, North Yorkshire HG1 5BQ

JarFull offers everyday products without the usual packaging. Customers can buy refillable loose foods alongside an extensive range of items to help them reduce waste at home or whilst out and about exploring the town.

This family-owned eco-shop aims to improve accessibility to environmentally friendly products and break down the barriers to sustainable shopping. Located on Bower Street in Harrogate's town centre, it's just a short walk from the railway station.

**Courtesy of Melissa McMinn,** LNER Product Development Manager from Harrogate

jarfulluk.com

#### YORKSHIRE APPETITE FOOD WALKING TOURS

**BEST FOR:** Learning about Harrogate

**ADDRESS:** 5 Westcliffe Corner, Harrogate HG2 OPJ

A walking tour of Harrogate is one of the best low-carbon ways to discover this historic town. Take the Classic Harrogate Food Tour to experience a wide range of locally sourced Yorkshire food from some of Harrogate's best eateries. There is also a vegan tour for those looking for some meatless inspiration.

**Courtesy of Peter Hess,** LNER Corporate Communications Manager from Harrogate



#### RHS GARDEN HARLOW CARR

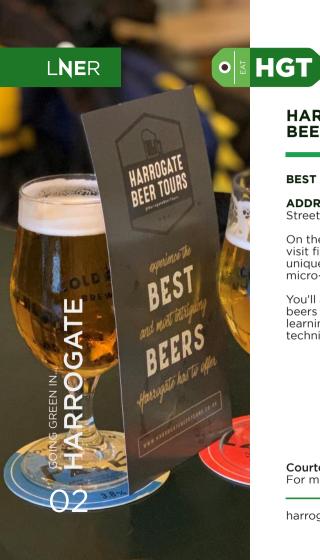
**BEST FOR:** Gardening inspiration

**ADDRESS:** Crag Lane, Beckwithshaw, Harrogate HG3 1QB

This RHS property is not only gorgeous to look at but it also has a full programme of activities including beekeeping demonstrations and courses on growing your own vegetables. They have their own Bettys Café Tea Room and Shop, a children's play area, and a garden centre if you feel inspired to take something home for your own garden.

You can access Harlow Carr via an easy walk through the Pine Woods from Valley Gardens or from the station via public transport links. For the cyclists out there, they have bike racks available.

**Courtesy of Alistair Webster,** Senior Host for LNER from Harrogate



#### HARROGATE BEER TOURS

**BEST FOR:** Aspiring beer experts

**ADDRESS:** Baltzersens Ltd, 22 Oxford Street, Harrogate HG1 1PU

On the Harrogate Beer Tour, you'll visit five of Harrogate's best and most unique bars on offer, ranging from a micro-pub to a brewery.

You'll also get to sample five different beers and ales in each location, learning about their taste, brewing technique and the brewery's history.

Courtesy of Visit Harrogate, For more: visitharrogate.co.uk

harrogatebeertours.co.uk

#### 53 BO'GROVE ANTIQUES AND CAFÉ

**BEST FOR:** Pre-loved treasures

**ADDRESS:** Grove Road, Harrogate HG1 5EP

Down a shaded residential street, just a short walk from the town centre, is an 'Aladdin's cave' just waiting to be discovered. At Bo'Grove Antiques and Café, there's always something interesting to discover in its two floors of unique vintage and antique items.

Their excellent in-house café is vegan and vegetarian friendly, and sources all its ingredients fresh each morning from their own farm shop on Commercial Street, which in turn sources its produce from local farmers and producers.

**Courtesy of Peter Hess,** LNER Corporate Communications Manager from Harrogate

53bogrove.co.uk



### **PLACES TO EAT**

**IN HARROGATE** 

#### BETTYS CAFÉ TEA ROOMS

**BEST FOR:** Afternoon tea

**ADDRESS:** 1 Parliament Street, Harrogate HG1 2QU

This Harrogate institution opened more than 100 years ago and is perfect for an elegant afternoon tea complete with handmade cakes and ethically sourced tea and coffee. It's just a short walk from the station, so no taxis or buses necessary.

Additionally, the Bettys Trees for Life fund has helped to fund reforestation efforts worldwide and has planted 20,000 trees in Yorkshire alone.

Courtesy of Visit Harrogate, For more: visitharrogate.co.uk

bettys.co.uk

#### STARLING INDEPENDENT BAR CAFÉ KITCHEN

**BEST FOR:** Breakfast through to evening drinks

**ADDRESS:** 47 Oxford Street, Harrogate HG1 1PW

Café by day, bar by night, and home to Yorkshire's 'least serious' quiz night, Starling Harrogate offers a mostly Yorkshire-sourced menu with plenty of vegan, vegetarian and gluten-free options.

Drinks includes local picks such as beer from Harrogate's own Rooster brewery and Whittaker's gin from Nidderdale - 10 miles down the road. None of Starling's waste goes to landfill but is recycled and processed sustainability for creating renewable energy and fertiliser as a by-product.

Courtesy of Visit Harrogate, For more: visitharrogate.co.uk

murmurationbars.co.uk



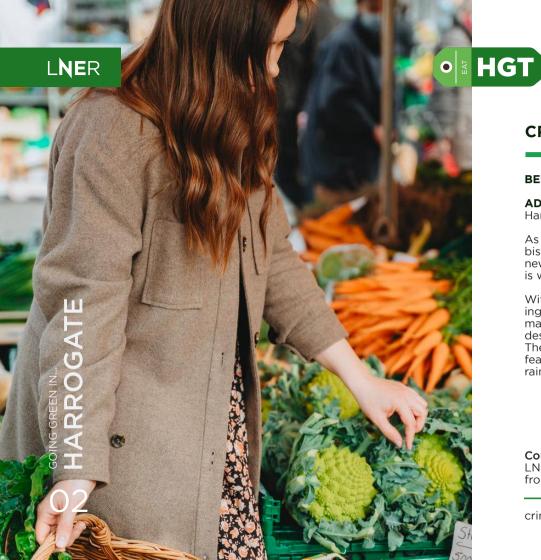
### TILLY PEPPERS HARROGATE

**BEST FOR:** Artisan baked bread

**ADDRESS:** 49 Cold Bath Road, Harrogate HG2 ONL

This coffee shop and bakery in Harrogate is a charming neighbourhood establishment and popular with the locals. The independent café prides itself on the artisan bread, which is baked by the owner, and the coffee from a roastery in the North East of England. Keeping it local is at the heart of this business.

**Courtesy of Melissa McMinn,** LNER Product Development Manager from Harrogate



#### **CRIMPLE**

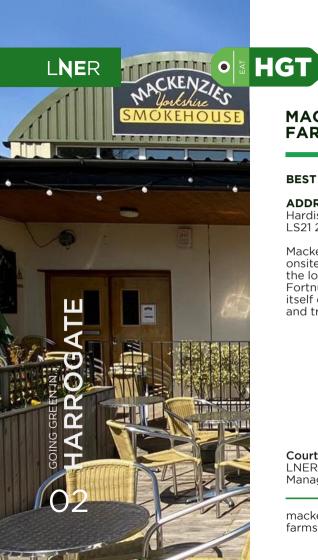
**BEST FOR:** Farmers' market vibes

**ADDRESS:** Leeds Road, Pannal, Harrogate HG3 1EW

As well as a garden centre and café/bistro, the Crimple has opened up a new Food Hall with eco credentials is worth shouting about.

With local produce and tasty ingredients on sale, the farmers' market style hall is the ultimate destination for local produce lovers. The design of the building has eco features including a roof that collects rainfall for watering plants.

**Courtesy of Melissa McMinn,** LNER Product Development Manager from Harrogate



### MACKENZIES FARM SHOP

**BEST FOR:** Farm to fork

**ADDRESS:** Wood Nook Farm, Hardisty Hill, Blubberhouses, LS21 2PQ

Mackenzies Farm Shop boasts an onsite smokery, which is popular with the locals but also those shopping at Fortnum & Mason. Mackenzies prides itself on their farm to fork approach and traditional methods.

### THE WILD PLUM © SNOOTY FROX

**BEST FOR:** Award-winning food

**ADDRESS:** 34-36 Hookstone Road, Harrogate HG2 8BW

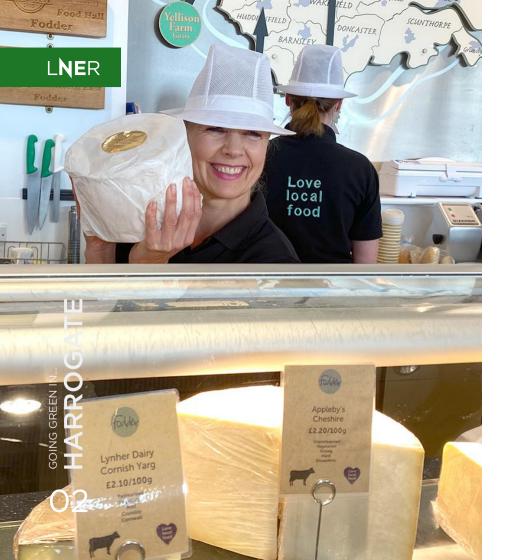
Award-winning chef Bethany Haresign and her team deliver a 'from scratch' menu using Yorkshire-sourced (or as close to Yorkshire as possible) ingredients.

Accessible from the railway station by bus or on foot, The Wild Plum offers all-day brunch, lunch or cake and a cup of tea with a lower carbon footprint.

**Courtesy of Melissa McMinn**, LNER Product Development Manager from Harrogate

mackenziesyorkshire farmshop.co.uk

**Courtesy of Alicia Ferguson,** LNER Events Manager from near Harrogate



#### **FODDER**

**BEST FOR:** Locally sourced food

**ADDRESS:** Great Yorkshire Showground, Harrogate HG2 8NZ

Easily accessible from central Harrogate via bus, Fodder is a one-stop shop for local produce. The farm shop includes a deli boasting 67 different Yorkshire cheeses, a 100% Yorkshire meat butchery, and in total supports 430 farmers and small producers.

For those looking for a locally sourced meal, Fodder has its own on-site café with breakfast and lunch menus. And with Fodder on the Hoof providing take-away options, it's also the perfect choice for those on the go.

Courtesy of Visit Harrogate, For more: visitharrogate.co.uk

fodder.co.uk



#### BALTZERSEN'S COFFEE SHOP

**BEST FOR:** Excellent food

**ADDRESS:** 22 Oxford Street, Harrogate HG1 1PU

This independent coffee shop uses Yorkshire-sourced ingredients for Scandi inspired taste. Pop in for brunch or lunch, or to try one of their famous cinnamon rolls.

Their food is made on-site, from scratch, so you know it's as fresh as it gets, and their bakery uses organic flour milled in the UK for their bread. They are dog (and cat!) friendly, and only a five-minute walk from the station.

**Courtesy of Peter Hess,** LNER Corporate Communications Manager from Harrogate

baltzersens.co.uk

#### THE TANNIN LEVEL

**BEST FOR:** A romantic evening out

**ADDRESS:** 5 Raglan Street, Harrogate HG1 1LE

The Tannin Level has been operating in the heart of Harrogate for the past 35 years and uses seasonal and local produce where possible, allowing them to reduce the miles that their food takes to get to your plate.

The restaurant is only a five-minute walk from the station. Set in a former Victorian mansion, it is the perfect setting to deliver their modern take on Yorkshire classics.

**Courtesy of Alicia Ferguson,** LNER Events Manager from near Harrogate

tanninlevel.co.uk



### **PLACES TO STAY**

**IN HARROGATE** 

### CROWNE PLAZA HOTEL

**BEST FOR:** Staying close to the centre

**ADDRESS:** King's Road, Harrogate HG1 1XX

This hotel is easily accessible from the railway station by foot or bus and is in easy reach of the rest of Harrogate. Not only does its proximity to the town centre make it easy to keep down your carbon emissions, all IHG hotels adhere to a system of certifications that allow them to manage their impact on the environment. For its efforts, the Crowne Plaza Hotel holds a Silver Green Tourism award.

Courtesy of Visit Harrogate
For more: visitharrogate.co.uk

crowne-plaza-harrogate.h-rez.com

### ROYAL PARADE APARTMENTS

**BEST FOR:** Families and couples

**ADDRESS:** 9A Royal Parade Apartments, Royal Parade, Harrogate HG1 2SZ

These apartments make the perfect home away from home, as they are only a short walk from the station and within easy reach of everything that Harrogate has to offer. They hold a Silver Green Tourism award and are members of Zero Carbon, working to achieve net zero carbon emissions in Harrogate by 2030.

Eco-friendly initiatives at the apartments include recycled décor, organically sourced cleaning materials and recycled paper products, and the use of only LED lighting. They also provide recycling bins for guests, allowing you to play your part in keeping Harrogate green.

Courtesy of Visit Harrogate For more: visitharrogate.co.uk

royalparade.co.uk



#### **CEDAR COURT**

**BEST FOR:** Stunning surroundings

**ADDRESS:** Park Parade, Harrogate HG1 5AH

Cedar Court is a little further out of town, but is well-connected to the centre via Harrogate's bus links and only a 15-minute walk away. The hotel is opposite The Stray – a stretch of protected parkland famous for its avenue of cherry trees – making it perfect for a quick escape into nature.

Its restaurant serves locally sourced food and their toiletries are provided by Harrogate's own H2K, a skincare company placing sustainable practice at the heart of its business, with recycled packaging and donations to the Woodland Trust.

### LNER





### THE CAIRN HOTEL

**BEST FOR:** Couples and families

**ADDRESS:** Ripon Road, Harrogate HG1 2JD

This gorgeous Victorian hotel is within easy reach of the station via public transport and is a short walk from the rest of Harrogate.

The Cairn Hotel holds a Gold Green Tourism award so you can stay there assured that they're doing their part for the environment. Their switch to biomass energy was completed in 2016 and takes advantage of renewable energy sources to lessen the hotel's impact on the environment.

Courtesy of Alicia Ferguson, LNER Events Manager from near Harrogate

strathmorehotels-thecairn.com

### WHITE HART HOTEL & APARTMENTS

**BEST FOR:** A romantic getaway or a family holiday

**ADDRESS:** 2 Cold Bath Road, Harrogate HG2 ONF

This hotel is a short walk from the station and near to Valley Gardens and Harrogate's many attractions, making it easy to avoid cars and buses.

Choose from a hotel room or one of their beautifully modern apartments, all equipped with everything you need for a stress-free getaway, including H2K toiletries.

Courtesy of LNER's Travel team, Harrogate station

whiteharthotelharrogate.com





### **PLACES TO VISIT**

**IN LINCOLN** 

### LINCOLN CATHEDRAL

**BEST FOR:** History seekers

**ADDRESS:** Lincoln Cathedral, Minster Yard, Lincoln, LN2 1PX

Lincoln is famed for its cathedral which towers above the city. The cathedral has featured in many Hollywood films including the Da Vinci Code and The Young Victoria.

Steeped in history, the cathedral celebrates the best of local with plenty to explore and those who climb the tower can experience views across the county. Specialists are working hard on conservation projects to protect the history of the iconic cathedral. Visitors can pick up locally sourced souvenirs in the cathedral shop to remember their visit.

## LINCOLN FARMERS' MARKET

**BEST FOR:** Local produce

**ADDRESS:** Castle Square

If you love eating locally, make sure to check out Lincoln's monthly farmers' market. Surrounded by the historic buildings of Lincoln's Cathedral Quarter, and overlooked by the eponymous cathedral itself, it's the perfect place to support local businesses and producers and cut down on food miles.





### LINCOLN GUIDED TOURS

**BEST FOR:** Getting to know Lincoln

**ADDRESS:** 9 Castle Hill, Lincoln, Lincolnshire LN1 3AA

Learn about one of England's hidden historic gems, from its Roman origins through to the twenty-first century, with a walking tour of Lincoln's Cathedral Quarter.

The tours are run by knowledgeable guides and explore the architecture, history and people of Lincoln, offering the perfect chance to see Lincoln while keeping your carbon footprint to a minimum.

### **HIREBIKE**

**BEST FOR:** Getting around the city

ADDRESS: Across the city of Lincoln

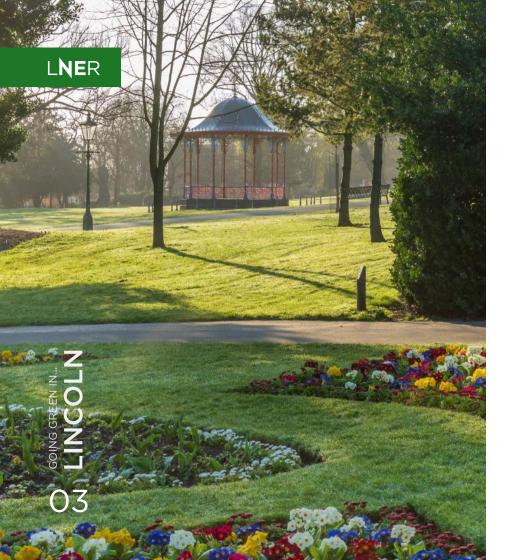
Lincoln is home to a 24-hour bike hire service that offers a low-carbon alternative to car or bus. Fit more into your day, or even take the chance to get out into the surrounding countryside with an activity that is good for you, and good for the environment.

Courtesy of Visit Lincoln, For more: visitlincoln.com

lincolnguidedtours.co.uk

Courtesy of Visit Lincoln, For more: visitlincoln.com

hirebikelincoln.co.uk



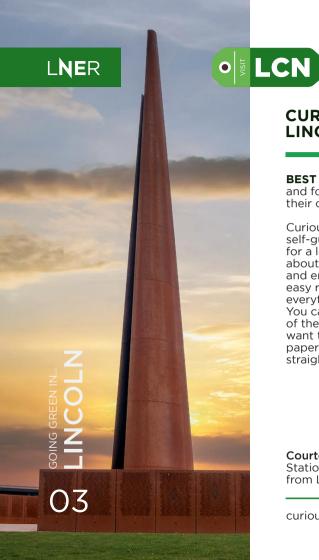
### LINCOLN **ARBORETUM**

**BEST FOR:** Families, dog lovers

ADDRESS: 16 Lindum Terrace, Lincoln LN2 5RT

This Grade II listed park is the perfect place for a picnic and some fresh air, and it has a play park for the kids. Be sure to keep an eye on its event calendar available on the Lincoln Council website.

The park also holds a Green Flag award, meaning that it has been recognised as an accessible, and environmentally proactive green space by an internationally recognised organisation.



# **CURIOUS ABOUT LINCOLN**

**BEST FOR:** The independent traveller and for those who want to take life at their own pace

Curious About has created a self-guided tour around Lincoln for a low-carbon way to learn all about the city. These two walks start and end in the city centre, within easy reach of the station and everything else Lincoln has to offer. You can purchase a physical copy of the walk and activities, or if you want to be extra eco-friendly, save on paper by downloading the booklet straight to your mobile device.

**Courtesy of Sonia Parker,** Station Customer Service Assistant from Lincoln

curiousabout.co.uk/lincoln

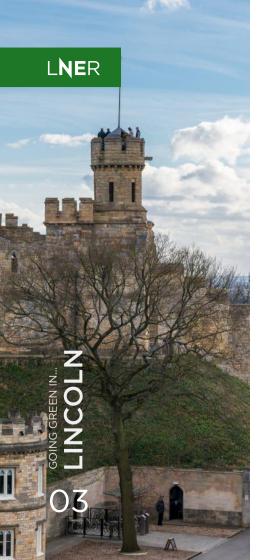
### INTERNATIONAL BOMBER COMMAND CENTRE

**BEST FOR:** History buffs

**ADDRESS:** Canwick Avenue, Lincoln LN4 2HQ

The International Bomber Command Centre (IBCC) includes three interactive exhibition galleries and a range of events offering a hands-on approach to learn about the history of Bomber Command and it's role in WWII.

IBCC was built with sustainability in mind and features solar panels and low-energy LED lighting. Peace Gardens have been planted with native species and are home to four endangered species of birds, such as Sky Larks and Tawny Owls and are free to access.



### LINCOLN CASTLE

**BEST FOR:** History seekers

**ADDRESS:** Lincoln Castle, Castle Square, Lincoln LN1 3AA

Home to an original 1215 Magna Carta, Lincoln Castle is at the top of Steep Hill and is a popular attraction. The castle is filled with local history and visitors can see the old courtrooms and prison cells. The shop stocks local produce and historical souvenirs.

## THE LINCOLN WHISKY SHOP

**BEST FOR:** Whisky lovers

ADDRESS: 87 Bailgate, Lincoln

LN13AR

This independent family business has been on the iconic Steep Hill in Lincoln for 35 years. Run by Lincolnites Nick and Cathy, this is an unmissable spot for any whisky lover. The shop features some of the rarest and most unique bottles in the UK, along with locally sourced specialities and souvenirs.

**Courtesy of Emma Swatton,** Train Manager from Lincolnshire

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**Courtesy of Emma Swatton**, Train Manager from Lincolnshire

lincolncastle.com

lincolnwhiskyshop.co.uk



### **WITHAM**

**BEST FOR:** Wildlife lovers

ADDRESS: Lincoln

Visitors to Lincoln often enjoy a walk on the River Witham, which is the perfect way to escape the bustling town centre.

The river is home to some beautiful ducks and swans and walkers enjoy the fresh air whilst striding out along the river. Eateries dot along the river to pick up a coffee for a brisk winters walk.

**Courtesy of Emma Swatton,** Train Manager from Lincolnshire



# PLACES TO EAT



### **PIMENTO**

**BEST FOR:** A bit of vegan inspiration

**ADDRESS:** 27 Steep Hill, Lincoln LN2 1LU

Stop for breakfast, lunch or dinner at Pimento, Lincoln's oldest and original specialist in vegan and vegetarian food. Whether you're a lifelong vegan, or just dipping your toes into an eco-friendlier diet, their menu is sure to have something to entice you up Steep Hill, even if it's just for a slice of cake and cup of tea.

### **CAFÉ SHANTI**

**BEST FOR:** Travellers missing being abroad

**ADDRESS:** 6 Clasketgate, Lincoln LN2 1JS

Be whisked away to Nepal, without having to leave the country, at this vegan and vegetarian café. It's located only a short walk from the station and is close to everywhere else, so there's no need to go too far out of your way to find an environmentally friendly lunch or dinner.

Courtesy of Visit Lincoln, For more: visitlincoln.com

pimentosteephill.com



# STOKES TEA & COFFEE

**BEST FOR:** Coffee enthusiasts

**ADDRESS:** Suite 1, The Lawn, Union Rd, Lincoln LN1 3BU

Stokes has two locations in Lincoln: High Bridge Café, and Lawn Café. Both cafés use responsibly sourced tea and coffee and have introduced a zero-waste scheme with reusable packaging, for a more sustainable delivery service.

Their Lawn Café, located just a stone's throw from the castle, has been refurbished as sustainably as possible, upcycling existing materials to create a beautifully modern space. Their menu offers vegan and vegetarian options, a great choice for a spot of lunch and a cup of tea.



### **BAILGATE DELI**

BEST FOR: Brunch and lunch dates

**ADDRESS:** 4 Gordon Road, Lincoln LN1 3AJ

Grab yourself a sustainable vegetarian or vegan lunch from Bailgate Deli in the heart of Lincoln city centre.

Only two minutes from Lincoln Castle, it's the perfect blend of a proactive approach to environmental issues set against the backdrop of Lincoln's long history.

#### **BELLS TEA SHOP**

**BEST FOR:** A warm welcome with tea and cake

**ADDRESS:** 38-39 Steep Hill, Lincoln LN2 1LU

This family-run tea shop is a short walk from the station and only five minutes from the cathedral, putting it in the perfect spot to stop in for afternoon tea after a day of seeing the sights.

Their menu includes vegetarian options, and they use locally sourced ingredients in their menu, including plums in the must-have Lincolnshire plum bread and local eggs in their homemade cakes.

Courtesy of Visit Lincoln, For more: visitlincoln.com **Courtesy of Visit Lincoln,** For more: visitlincoln.com

bailgatedeli.co.uk

bellslincoln.com



### **COSY CLUB**

**BEST FOR:** A fun night out

**ADDRESS:** Unit 4 Corn Exchange Building, Sincil Street, Cornhill Quarter, Lincoln LN5 7HE

Cosy Club Lincoln can be found in the restored Corn Exchange building in the newly rejuvenated CornHill Quarter. Only two minutes from the station and a short walk from everywhere else, it's the perfect place to grab dinner while avoiding unnecessary car trips. Their menu includes vegetarian and vegan options to be enjoyed in Cosy Club's fantastically quirky interior.



### DAMON'S HOTEL AND RESTAURANT

**BEST FOR:** locally sourced but internationally inspired

**ADDRESS:** 999 Doddington Rd, Lincoln LN6 3SE

Damon's Restaurant and hotel is an American-style eatery in Lincoln. The restaurant actually has sister branches in the USA, but prides itself on sourcing food locally. Damon's Restaurant proves that international cuisine can be sourced locally too, and is very popular with the locals!

### **DOUGHNOTTS**

**BEST FOR:** Sweet tooth

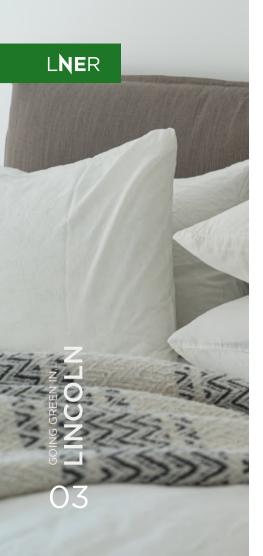
ADDRESS: 8 Cornhill, Lincoln LN5 7HE

A favourite of the LNER crew who stop off at Lincoln, Doughnotts' sweet treats are enough for a full meal! Doughnotts have recently gone digital with their loyalty card in an effort to reduce their paper and plastic trail.

**Courtesy of Emma Swatton,** Train Manager from Lincolnshire

**Courtesy of Emma Swatton,** Train Manager from Lincolnshire

damons.co.uk doughnottsofficial.com



# PLACES TO STAY

### **DUKE WILLIAM HOTEL**

BEST FOR: A couple's getaway

**ADDRESS:** 40-44 Bailgate, Lincoln

LN1 3AP

Located in the centre of Lincoln and within easy walking distance of the city's main attractions, the Duke William Hotel is a beautiful historic building with a forward-thinking approach to the environment.

They have recently installed electric car charging points and are working to increase sustainability by switching to 100% renewable electric and gas, reducing unnecessary packaging and much more.

### THE LINCOLN HOTEL

**BEST FOR:** Accommodation in the heart of Lincoln

**ADDRESS:** Eastgate, Lincoln LN2 1PN

This bright, contemporary hotel is just a short walk from the station with easy access to the rest of Lincoln.

The Lincoln Hotels' beautiful rooms and gorgeous views of the Cathedral, staying here is a no-brainer, especially when you throw in a locally sourced restaurant menu that gives you a taste of Lincoln to go along with the sights.

Courtesy of Visit Lincoln, For more: visitlincoln.com

dukewilliamlincoln.com

Courtesy of Visit Lincoln, For more: visitlincoln.com

thelincolnhotel.com



## THE OLD PALACE LODGE

**BEST FOR:** A stay to remember

**ADDRESS:** Christ Hospital Terrace, Lincoln LN2 1LY

The Old Palace Lodge is living proof that a hotel doesn't need to be modern and new to be the epitome of style. This converted Gothic chapel takes 'reduce, reuse, recycle' to a completely new level, combining Victorian luxury with twenty-first century comfort.

It is located in the heart of historic Lincoln, right near both Lincoln Castle and the cathedral.

### WHITE HART HOTEL

BEST FOR: A couple's holiday in style

ADDRESS: Bailgate, Lincoln LN1 3AR

This elegant hotel is perfectly placed to take advantage of Lincoln's attractions, such as the cathedral, castle and a range of locally owned shops, without having to set foot in a car.

Additionally, their menu makes use of locally sourced ingredients, reducing the distance that their freshly prepared food has to travel before it gets to your table. White Hart Hotel is perfect for a quiet getaway.

Courtesy of Visit Lincoln, For more: visitlincoln.com

**Courtesy of Visit Lincoln,** For more: visitlincoln.com

theoldpalace.org

whitehart-lincoln.co.uk



Now it's over to you. Share your own tips and tag us in your social posts.

### #GreenGuide



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