



LNER

The Green Guide 2021

Eco-friendly places to eat, stay and play
in Edinburgh, Newcastle and London



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Welcome to LNER's Green Guide

LNER puts its heart into journeys every day to bring you the very best experience in rail travel. However, an amazing experience doesn't just mean faster journey times, more space, ergonomically designed seats and great value fares. It also means working hard to reduce waste and carbon emissions to ensure our customers can enjoy themselves, safe in the knowledge that their method of travel has had as little impact on the environment as possible. It's all part of our commitment to ensuring LNER delivers the small details that make a big difference to your journey.

By choosing LNER, customers are already halfway towards helping tackle tourism related climate change. Compared with cars and planes, rail is unquestionably the most environmentally friendly way to travel and plays a critical role in helping the UK achieve its decarbonisation targets.

Over the past two years, LNER has all but retired its fleet of diesel trains and replaced them with 65 new bi-mode Azuma trains, which emits less than a third of the carbon of a domestic flight over the same distance. LNER is also proud to have reduced its water consumption in 2019/20 by 2.7 per cent, carbon footprint per passenger kilometre by 5.9 per cent, planted 5,500 trees as part of the Forests for Peterborough project and maintained zero waste to landfill. LNER has bold ambitions to go further and become the greenest choice of all rail operators, but it needs your help.

Like you, LNER loves our country, from the rolling green fields of Edinburgh's Holyrood Park to the ruins of ancient settlements at Tynemouth Priory and Castle. Everyone at LNER desperately wants to preserve our country's natural beauty, heritage and landmarks and ensure everything we love stays the way it is for the next generations to enjoy. As a business, we are not afraid to do things differently, and if there's a better way, LNER will find it.

So, LNER created the LNER Green Guide; a one-stop shop to staying sustainable when you visit London, Edinburgh and Newcastle - some of the UK's most vibrant cities along our route in 2021 and beyond. With tips and contributions from local people, tourism organisations and LNER colleagues, the *LNER Green Guide* gives you the inside track on the very best eco-friendly attractions and sustainable places to stay, eat and drink in these three fantastic cities. So whether you are planning to see the London Eye, organising an excursion to Arthur's Seat or spreading your wings to drop in on the Angel of the North, you can now do it in an eco-friendly way with as low an impact as possible on the environment. LNER hopes you enjoy the tips and don't forget to share your trip on Instagram, Twitter or Facebook, making sure you tag @LNER with #GreenGuide so everyone can see everything you've been up to.

Enjoy the journey!

David Horne
LNER Managing Director

EDINBURGH

Green runs through Edinburgh, from the hills leading to Arthur's Seat all the way to the Hibernian home kit.

Our tips will help you make a sustainable choice when visiting Edinburgh and the surrounding areas so we can work together to keep the city looking beautiful for many years to come.





PLACES TO VISIT IN EDINBURGH

SHOP GREENER AT GRAIN AND SUSTAIN

BEST FOR: Eco-conscious shoppers

ADDRESS: 135 High Street, Burntisland, Fife,
KY3 9AA

Grain and Sustain is a zero waste 'bricks and mortar' shop which helps people make ethical, environmentally-friendly shopping choices. The shop has over 250 products on refill to help shoppers reduce their plastic consumption, as well as handmade gifts and eco-friendly products to help switch from single use to reusable.

Courtesy of LNER's Travel Centre team at Edinburgh Waverley station.

www.grainandsustain.co.uk

BUILD SANDCASTLES AT PETTYCUR BEACH

BEST FOR: Families looking for a fun day out

ADDRESS: Pettycur Bay, Burntisland, KY3 9SB

Pettycur Beach has a wonderful sandy beach and great views of Edinburgh and surrounding areas. It is definitely a hidden spot of Edinburgh and is a great place to take the family to enjoy a much needed day out in the fresh air.

Courtesy of LNER's Travel Centre team at Edinburgh Waverley station.

www.thebeachguide.co.uk/south-scotland/fife/pettycur-kinghorn



SOAK UP THE SUNSHINE CYCLING ALONG UNION CANAL

BEST FOR: Those who love to make the most of the great outdoors

ADDRESS: Edinburgh Quay, Lower Gilmore Place, Edinburgh

Union Canal is a great place to go for a walk or a cycle on a sunny Scottish day and feel you've made it out of a busy city centre. The peaceful route is more than 30 miles long, running from Edinburgh to The Falkirk Wheel - and is the perfect way to see local sights.

Courtesy of Jennifer Mearns, LNER Edinburgh Station Manager.

www.scottishcanals.co.uk/canals/union-canal



EXPLORE EDINBURGH'S SIGHTS IN AN ECO FRIENDLY WAY ON A CITY CYCLING TOUR

BEST FOR: Fitness fans

ADDRESS: 33 Sandport Street, Leith, Edinburgh, EH6 6HQ

Explore Edinburgh's sights in an eco friendly way on a city cycling tour with Edinburgh Bike Tours, taking in historic buildings, hidden trails and coastline. Family friendly tours are also available. Alternatively Edinburgh Run Tours offer tours taking in a variety of sights, from Edinburgh highlights to panoramas and lesser known areas of the city such as Stockbridge and the Water of Leith, all while improving your fitness and with no carbon footprint attached.

Recommendations by VisitScotland and for more information, please visit www.visitscotland.com

www.edinburghbiketours.co.uk

www.edinburghruntours.com



TAKE A PEW AT ARTHUR'S SEAT

BEST FOR: Tiring the kids out

ADDRESS: Edinburgh, EH16 5HX

While this extinct volcano is a little way out from the city centre, there is really nothing like getting back to nature to remind ourselves of what we're trying to protect. With stunning panoramic views of Edinburgh, this relatively easy hill walk brings a little piece of the Scottish Highlands within easy reach of the city.

Recommendations by VisitScotland and for more information, please visit [visitscotland.com](https://www.visitscotland.com)

TAKE A WALKING TOUR OF EDINBURGH WITH CITY EXPLORERS

BEST FOR: Getting to know Edinburgh

ADDRESS: 1 Glebe Street, Hamilton, South Lanarkshire, Scotland, ML36PT

Explorers run daily walking tours of Edinburgh, in all weathers. There are several tours to choose from, including a Harry Potter themed tour and a ghost tour for the braver travellers out there. All tours promise to introduce you to Edinburgh's most interesting spots, with a few hidden gems along the way. It's all by foot, making it the perfect low-carbon activity, and best of all – it's free!

Recommendations by VisitScotland and for more information, please visit [visitscotland.com](https://www.visitscotland.com)



DISCOVER THE BEAUTIFUL GARDENS AT THE ROYAL BOTANIC GARDEN

BEST FOR: Nature lovers of all ages

ADDRESS: Arboretum Place, Edinburgh, EH3 5NZ

With almost half of Edinburgh classed as ‘green space’, you’re never far from nature. The Royal Botanic Garden, which spans over 70 acres, is a favourite among locals and visitors. From its Victorian glasshouses to Chinese Hillside, an afternoon spent at the Royal Botanic Garden is not only a feast for the eyes but raises awareness of nature’s fragile biodiversity. It is easily accessible by public transport from the city centre.

The Royal Botanic Garden takes sustainability seriously and has received the Gold award by the Green Tourism Scheme.

Courtesy of Shawna Law, Edinburgh resident and travel blogger (@exploringedinburgh)

www.rbge.org.uk





EXPLORE THE FAMOUS EDINBURGH ZOO

BEST FOR: Best for families and wildlife fans

ADDRESS: Royal Zoological Society of Scotland,
134 Corstorphine Road, Corstorphine, Edinburgh,
EH12 6TS

The famous Edinburgh Zoo holds a Gold Green Tourism Award and is a part of RZSS, one of Scotland's leading conservation charities, which is involved in conservation work both in Scotland and in over 20 countries around the world. Visitors can meet the latest arrivals as giraffes have been introduced to the zoo for the first time in 15 years.

Recommendations by VisitScotland and for more information, please visit www.visitscotland.com

www.edinburghzoo.org.uk

ENJOY A DAY OUT AT SAUGHTON PARK

BEST FOR: Best for nature lovers of all ages

ADDRESS: Balgreen Road, EH11 3BQ

Saughton Park in Edinburgh is not only a fabulous hidden gem but also the UK's first fully eco-powered green space. This beautiful open space incorporates playing fields, an athletics track, a large play area and a skate board park, as well as formal gardens, including a Scottish Physic Garden. Using a micro-hydro scheme the Water of Leith is used to generate electricity for all the park's needs. Furthermore, ground source heat pump systems provide heat for the Saughton Park's café and glasshouse.

Recommendations by VisitScotland and for more information, please visit www.visitscotland.com

www.edinburghoutdoors.org.uk

PLACES TO EAT IN EDINBURGH

DINE IN WITH TOM KITCHIN

BEST FOR: Foodies who love to try local delicacies

ADDRESS: The Kitchin, Commercial Quay, 78, Leith, Edinburgh, EH6 6LX

Tom Kitchin's Michelin starred restaurant, located in Leith, is beautiful, relaxed and informal. Being a proud Scotsman, Tom and his team only use locally sourced food to create beautiful and tasty meals. Somewhere great to visit to mark a special occasion.

Courtesy of Jennifer Mearns, LNER Edinburgh Station Manager.

www.thekitchin.com

FEAST WITH FRIENDS AT THE GARDENER'S COTTAGE

BEST FOR: Good friends and couples

ADDRESS: Royal Terrace Gardens, 1 London Road, Edinburgh, EH7 5DX

The Gardener's Cottage is a charming restaurant at the foot of Calton Hill, known for its seasonal sustainably-sourced dishes. As you approach the 19th-century cottage, you'll spot its luscious vegetable garden bursting with fruit, vegetables and herbs. Through traditional methods of preserving and pickling, the garden provides year-round ingredients supplemented by produce sourced from local independent suppliers. The intimate restaurant with its rustic interior and ever-changing seasonal menu is the perfect place to escape the hubbub of daily life.

Courtesy of Shawna Law, Edinburgh resident and travel blogger (@exploringedinburgh)

www.thegardenerscottage.co



TUCK INTO FISH AND CHIPS AT LINKS FISH BAR

BEST FOR: Best for: a sustainably sourced fish supper by the seaside

ADDRESS: 18 Links Place, Burntisland, Fife, KY3 9DY

After a long walk along the beach, the family-run Links Fish Bar is the perfect place to stop for food. The locally-sourced fresh fish and crispy chips really fill an empty stomach, and what's more you're supporting a local business too.

Courtesy of LNER's Travel Centre team at Edinburgh Waverley station.

Locally-sourced fish and chips are the perfect travelling treat



CAFÉ MODERN ONE

BEST FOR: Art lovers

ADDRESS: 75 Belford Road, Edinburgh, EH4 3DR

Located in the Scottish National Gallery of Modern Art, Café Modern One has a daily menu to make best use of seasonal and local produce. Its very own kitchen garden provides the team with the fruit and veg used in the 'cooking from scratch' menu, making the journey from plant to plate one of the shortest out there.

Recommendations by VisitScotland and for more information, please visit www.visitscotland.com

www.heritageportfolio.co.uk/cafes/our-cafes/cafe-modern-one

BLACK RABBIT CAFÉ

BEST FOR: Vegans

ADDRESS: 33 Brougham Street, Edinburgh, EH3 9JT

Black Rabbit's menu is host to a wide range of vegan meals and desserts. Black Rabbit relies on 100 per cent green electricity to run its in-house bakery, and use compostable and recyclable take away packaging. They even offer a 10 per cent discount if you bring in your own mug or take away container!

Recommendations by VisitScotland and for more information, please visit www.visitscotland.com

www.blackrabbitedinburgh.co.uk

CONTINI

BEST FOR: Foodie fans of all ages

ADDRESS: Cannonball House, 356 Castlehill, Edinburgh, EH1 2NE

Contini, which holds a Sustainable Business Award, is a family run business boasting three Edinburgh restaurants, including Contini George Street, The Scottish Café and Restaurant at the Scottish National Gallery and Cannonball Restaurant and Bar. Menus change with the seasons and ingredients are sourced locally where possible and are supplemented by produce from its own one-acre Kitchen Garden on the outskirts of Edinburgh.

Recommendations by VisitScotland and for more information, please visit www.visitscotland.com

www.contini.com

FORAGE AND CHATTER

BEST FOR: A quiet night out

ADDRESS: 1A Alva Street, Edinburgh, EH2 4PH

Forage and Chatter is a restaurant hidden away in the west end of Edinburgh, serving up local Scottish produce. Much of the restaurants ingredients are foraged or sourced within a 25-mile radius from the front door, and its menu reflects seasonal changes.

Recommendations by VisitScotland and for more information, please visit www.visitscotland.com

www.forageandchatter.com

PLACES TO STAY IN **EDINBURGH**

STAY IN THE HEART OF THE NEW TOWN AT EDEN LOCKE

BEST FOR: Couples or solo-travellers

ADDRESS: 127 George Street, Edinburgh, EH2 4JN

Eden Locke is a design-led aparthotel that manages to effortlessly balance comfort, style and sustainability. As the name suggests, Eden Locke aims to be an oasis for both locals and visitors alike. The lobby is a tranquil space with a relaxing café while the rooms are calm refuges that come with cosy living spaces and fully-equipped kitchens. Locke Hotel plans to become pioneers in eco-friendly hospitality with sustainable practices such as energy efficiency, environmental audits, recycling, combating single-use plastics and more.

Courtesy of Shawna Law, Edinburgh resident and travel blogger (@exploringedinburgh)

www.lockeliving.com/eden-locke



EDINBURGH CENTRAL YOUTH HOSTEL (ECYH)

BEST FOR: Travellers on a budget

ADDRESS: 9 Haddington Place, Edinburgh, EH7 4AL

Only a ten-minute walk from Edinburgh Waverly, this vibrant hostel has a range of accommodation to suit, from the classic dorm to private and family rooms. With its fantastic central location, easily accessible public transport links, and its Green Tourism Gold Award, ECYH is a no brainer for those looking for a low-carbon stay.

Recommendations by VisitScotland and for more information, please visit [visitscotland.com](https://www.visitscotland.com)

www.hostellingscotland.org.uk/hostels/edinburgh-central



B&B STRAVEN HOUSE

BEST FOR: Couples and solo travellers.

ADDRESS: Lothian, 3 Brunstane Road N, Portobello, Edinburgh, EH15 2DL

There are several wonderful green accommodation options in Edinburgh. For the personal touch which comes with a stay opt for B&B Straven Guesthouse which holds a Gold Green Tourism Award and is located just 50 yards from Portobello Beach and only 20 minutes by bus from the centre of Edinburgh.

Recommendations by VisitScotland and for more information, please visit visitscotland.com

www.stravenguesthouse.com

THE BALMORAL HOTEL

BEST FOR: Guests from all walks of life

ADDRESS: 1 Festival Square, Edinburgh, EH3 9SR

For those looking for a touch of luxury The Balmoral Hotel also hold Green Gold Tourism Awards and are conveniently centrally located, making them the ideal bases from which to explore Edinburgh's fascinating sights.

Recommendations by VisitScotland and for more information, please visit visitscotland.com

www.roccofortehotels.com/hotels-and-resorts/the-balmoral-hotel



TEN HILL PLACE

BEST FOR: Those looking for stylish sustainability in a central location

ADDRESS: 10 Hill Place, Edinburgh EH8 9DS

Ten Hill Place has held a Green Tourism Gold Award since 2009 and is still working to make the hotel as sustainable as possible. Recently it has removed all plastic water bottles from guest rooms and provided guests with free wildflower seeds to take away and grow, encouraging biodiversity. If you choose to forego housekeeping, then Ten Hill Place will donate £5 per night to Bowel Cancer UK, so you can support two great causes with minimum effort.

Recommendations by VisitScotland and for more information, please visit [visitscotland.com](https://www.visitscotland.com)

www.tenhillplace.com

NEWCASTLE

Famous for its larger than life characters and its even more characterful local architecture, Newcastle is a superb place to visit, whether you're hankering for a weekend break or something a bit longer.

Take a look at our tips to help you make as little environmental impact on Newcastle as possible, allowing you to experience all the city has to offer, assured in the knowledge the Tyne is fine...

PLACES TO VISIT IN

NEWCASTLE

DISCOVER ONE OF THE MOST
POPULAR CONTAINER
COMMUNITIES AT STOP
BY STACK

BEST FOR: Suitable for all, dependent on time of day

ADDRESS: Old Odeon Site, Pilgrim Street, Newcastle Upon Tyne, NE1 6QE

A thriving social hub, by day STACK is perfect for all the family, including your four-legged friends, and turns into a lively adults-only venue by night. There's live entertainment to enjoy with food and drinks, and the containers are home to individual local traders and businesses. Why not sign up for a wellbeing session with Yoga Therapies at Unit 5, or grab a healthy lunch at Soul Shack in Unit 41? The mouth-watering 100 per cent vegan menu offers salads, wraps and treats, with something to suit all tastes. This is a great open-air spot that offers something for everyone.

Courtesy of Stephanie Fox, Newcastle resident and travel influencer @stephfoxtravel

www.stacknewcastle.com

ENJOY GUILT-FREE FOOD
SHOPPING AT NIL LIVING

BEST FOR: Environmentally-conscious shoppers

ADDRESS: 173/175, Alley 4, Grainger Market, Newcastle, NE1 5QN

Nil Living is a zero waste and refill shop inside Newcastle's historic Grainger Market - which won the title of 'Britain's Favourite Market' in the Great British Market Awards 2020. The company's aim is to help encourage a low-waste lifestyle by offering refill stations and eco-friendly products.

Courtesy of the NewcastleGateshead Initiative and for more inspiration, please visit NewcastleGateshead.com

www.nilliving.com





VISIT A SUSTAINABLE SPACE FOR WORLD-CLASS MUSIC

BEST FOR: Music lovers of all ages

ADDRESS: St Mary's Square, Gateshead Quays,
Gateshead, NE8 2JR

Sage Gateshead is an international home for music and a stunning piece of architecture built in 2004. Its aerodynamic form channels natural winds to provide ventilation, which means no artificial cooling is required in its large concourse. The solid concrete and masonry parts of the building also act as thermal storage, providing radiant heat to the concourse space. Sage Gateshead continues to prioritise sustainability and won bronze in the Ethical, Responsible and Sustainable Tourism Award category at the 2020 North East England Tourism Awards.

Courtesy of the NewcastleGateshead Initiative and for more inspiration, please visit NewcastleGateshead.com

www.sagegateshead.com



VENTURE INTO THE SUBURBS OF NEWCASTLE AND EXPLORE HEATON

BEST FOR: People who like a bit of city escapism

ADDRESS: Heaton, Heaton Rd, Newcastle upon Tyne, NE6 5HL

Heaton is home to some of the best organic, zero-waste general stores in the region, including Honey Tree on Heaton Road selling a range of plastic-free fruit and essentials. 109 isn't far away on Heaton Park Road and here you can pick up bamboo products as well as food and toiletries. Once you're done shopping, head to Heaton Park. The gorgeous green park has a big open space perfect for a picnic, a children's play area, and winding paths for a walk among the trees with the squirrels scurrying overhead.

Courtesy of Stephanie Fox, Newcastle resident and travel influencer @stephfoxtravel

A FAMILY DAY OUT AT THE JESMOND DENE

BEST FOR: An active day out with the family

ADDRESS: Jesmond Dene Road, Newcastle

A gorgeous green space in the heart of Newcastle, the ancient woodland of Jesmond Dene is the perfect place to get back to nature. Keep your eyes peeled while walking the trails along the river and you might spot otters, kingfishers, and dippers along the way. Jesmond Dene is also home to Pets Corner, a free attraction opened in the 1960s to get help kids get closer to the animal kingdom with the help of goats, chickens, rabbits, the occasional guest pig, and many more. Entry to the park and Pets Corner are both free, so a perfect day out for the family.

Courtesy of the NewcastleGateshead Initiative and for more inspiration, please visit NewcastleGateshead.com

www.urbangreennewcastle.org/our-green-spaces/find-your-park/jesmond-dene

EXPLORE HISTORY AT THE GREAT NORTH MUSEUM

BEST FOR: History Buffs

ADDRESS: Barras Bridge, Newcastle upon Tyne NE2 4PT

With a huge variety of permanent exhibits, the Great North Museum has something to interest everyone. From fossils to the night sky by way of ancient Egypt and Rome, it promises to be a great day out for the whole family. Additionally, the museum's Natural History collection is owned in part by the Natural History Society of Northumbria, one of the oldest and largest natural history societies in the UK. The Society's goals are to ensure nature is protected, restored and celebrated, and the Great North Museum is a great place to start learning about the natural history of the UK.

Courtesy of the NewcastleGateshead Initiative and for more inspiration, please visit NewcastleGateshead.com

www.greatnorthmuseum.org.uk



FANCY A TRIP TO THE SEASIDE? HEAD TO LONGSANDS BEACH

BEST FOR: Suitable for all ages – and those who love the sea air!

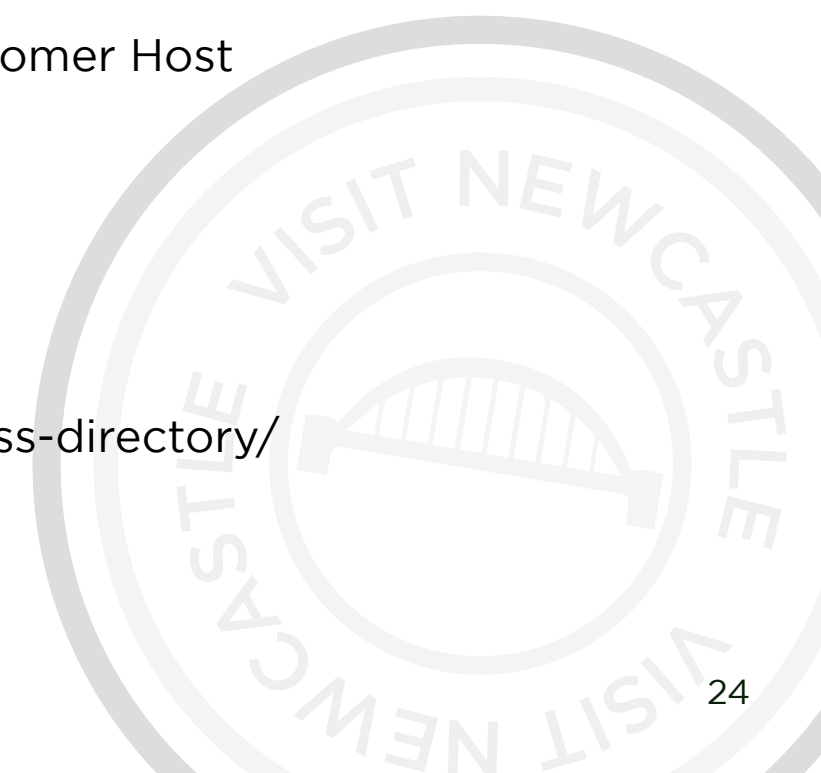
ADDRESS: Tynemouth Long Sands, Palace Buildings Grand Parade, Tynemouth, North Shields

Home to 25 beaches with the DEFRA ‘excellent’ water stamp of approval – Newcastle has plenty to choose from.

A popular favourite is Longsands Beach, Tynemouth, which is proud to fly the Blue Flag standard. It provides endless material for photos and is ideal for fresh air and exercise. Local stallholders at Tynemouth markets are the perfect way to experience an age-old trade as well as ensuring you’re eating and drinking locally sourced food.

Courtesy of Ashleigh Clark, LNER Customer Host

www.newcastlegateshead.com/business-directory/things-to-do/tynemouth-longsands





PLACES TO EAT IN NEWCASTLE

TUCK INTO DELICIOUS VEGAN MEALS AT LITTLE GREEN SOCIAL

BEST FOR: Visitors of all ages

ADDRESS: 83-89 Goldspink Lane, Sandyford, Newcastle, NE2 1NQ

Little Green Social is a family-run cafe, bar, health food shop and social space offering home-made, nourishing vegan foods using locally sourced, organic produce wherever possible. In a quest to minimise plastic, Little Green also offers a refill station for detergents, shampoos and conditioners.

Courtesy of the NewcastleGateshead Initiative and for more inspiration, please visit NewcastleGateshead.com

www.littlegreensocial.co.uk

SUSTAINABLE EATING AT 'SIX' BURIED IN THE HEART OF GATESHEAD QUAYSIDE

BEST FOR: Groups of friends or couples looking for a romantic dinner whilst taking in impeccable views

ADDRESS: Baltic Centre for Contemporary Art, S Shore Road, Newcastle upon Tyne, Gateshead, NE8 3BA

If you're looking for a place to go and treat yourself on a weekend away, Six is the restaurant you really need to visit. Sourcing most of its meat directly from local, organic and community farms, Six's goal is to become the most sustainable restaurant in the UK. Fish and fresh seafood are carefully selected, the owners insisting it needs to be caught in the most sustainable way. The team also grow its own seasonal vegetables and herbs and bake its own slow-fermented bread - real eco-pioneers.

Courtesy of Ashleigh Clark, LNER Customer Host

www.sixbaltic.com

1901 CAFFE BISTRO

BEST FOR: Friends and families, dog lovers

ADDRESS: 68 Steet George's Terrace, West Jesmond, Newcastle upon Tyne, NE2 2DL

This dog-friendly bistro offers a seasonal menu which includes vegetarian and vegan options, making it a great choice for anyone trying to reduce their meat consumption. Pop in for breakfast, lunch, or just for a slice of one of the many cakes on offer.

Courtesy of the LNER's travel centre team at Newcastle Station

www.1901caffe.co.uk/jesmond

THE HONEY TREE

BEST FOR: Conscious shoppers

ADDRESS: 68 Heaton Road, Newcastle upon Tyne, NE6 5HL

The Honey Tree has been providing zero-waste, organic, and locally sourced food to its local community since 1999. Working with suppliers local to Newcastle, its produce goes beyond the expected vegan fare - it also sells meat and egg products, supporting sustainable farming.

Courtesy of the LNER's travel centre team at Newcastle Station

www.thehoneytree.org



EXPERIENCE A DAY OUT AT THE 'GEORDIE' GRAINGER MARKET

BEST FOR: Foodies who love the hustle and bustle of an original marketplace

ADDRESS: Grainger Street, Newcastle upon Tyne, NE1 5QQ

Foodies visiting Newcastle need to have the Grade 1 listed Grainger Market on their 'must do' list. Home to hundreds of local traders and small businesses, it is one of the oldest markets in the UK with 10 aisles bursting with locally-sourced produce and all sorts of wares. Boasting practically everything from cobblers, florists and jewellers to haberdasheries, artisan bakeries and high-quality butchers - it's a sight to behold. The French Oven, an artisan bakery, comes highly recommended.

Courtesy of Ashleigh Clark, LNER Customer Host

shop.graingerdelivery.com

TASTE DELICIOUS FRESH FOOD AT HORTICULTURE

BEST FOR: Gluten-free foodies

ADDRESS: 1-3 Market Lane, Newcastle Upon Tyne, NE1 6QQ

Three floors of bohemian decor, a sociable atmosphere and outstanding food, Horticulture is the place to go for brunch, or shareable small plates among friends. Developed by local chef Peter Breckon, the menu is 90 per cent gluten-free, and features a wide range of beautiful vegetable-based organic dishes that have been created with locally-sourced ingredients.

Courtesy of Stephanie Fox, Newcastle resident and travel influencer @stephfoxtravel

horticultureuk.co.uk

DRINK A FRESH SMOOTHIE OR JUICE AT SUPERNATURAL BAR

BEST FOR: Vegan and Vegetarian eaters – or those who love a healthy choice

ADDRESS: 27 Grainger Street, Newcastle upon Tyne, NE1 5JE

Supernatural Bar is a vegan and vegetarian café just a short walk from the train station that often tops the 'best vegan restaurants in Newcastle' lists. It offers everything you could want for a daytime visit, including fresh smoothies, shakes or juices, light bites with a choice of sandwiches, paninis or salads and larger meals for later in the day with a cold beer or glass of wine. A good first (and last!) stopping point when you arrive in Newcastle by train.

Courtesy of Stephanie Fox, Newcastle resident and travel influencer @stephfoxtravel

www.instagram.com/super_natural_cafe

PLACES TO STAY IN NEWCASTLE

THE VERMONT HOTEL

BEST FOR: Couples or families who want to stay in the heart of the city

ADDRESS: Castle Garth, Newcastle upon Tyne, NE1 1RQ

The Vermont is an impressive neo-classical building with a near perfect location. Being within easy walking distance of main attractions, it limits visitors' reliance on using public transport to explore city sights. Boasting fantastic river views, perfect for holiday snaps, there are bars, shops, the Sage and Baltic centre and the Quayside all just minutes away, what more could you want?! On certain occasions the Sky Lounge is open, allowing visitors to explore views from way up high.

Courtesy of Ashleigh Clark, LNER Customer Host

www.vermont-hotel.com

ENJOY A ROMANTIC BREAK AT MALMAISON

BEST FOR: Couples wanting a romantic getaway

ADDRESS: 104 Quayside, Newcastle upon Tyne, NE1 3DX

Like all its hotels, the Malmaison Newcastle is in a unique building, offering something a bit different. Located right by the river it's a stunning spot, with a fabulous view of the Quayside especially on a lazy Sunday morning. The hotel has made multiple changes to reduce its impact on the environment, especially the in-room toiletries and room cleaning arrangements. It's good to know it's putting the effort in without compromising on the quality of your stay. Have coffee in bed followed by a walk along the river and Quayside market for some local crafts, bakes and souvenirs.

Courtesy of Stephanie Fox, Newcastle resident and travel influencer @stephfoxtravel

www.malmaison.com/locations/newcastle





RELAX IN NEWCASTLE'S NEWEST HOTEL - THE INNSIDE

BEST FOR: Families, couples and individual travellers

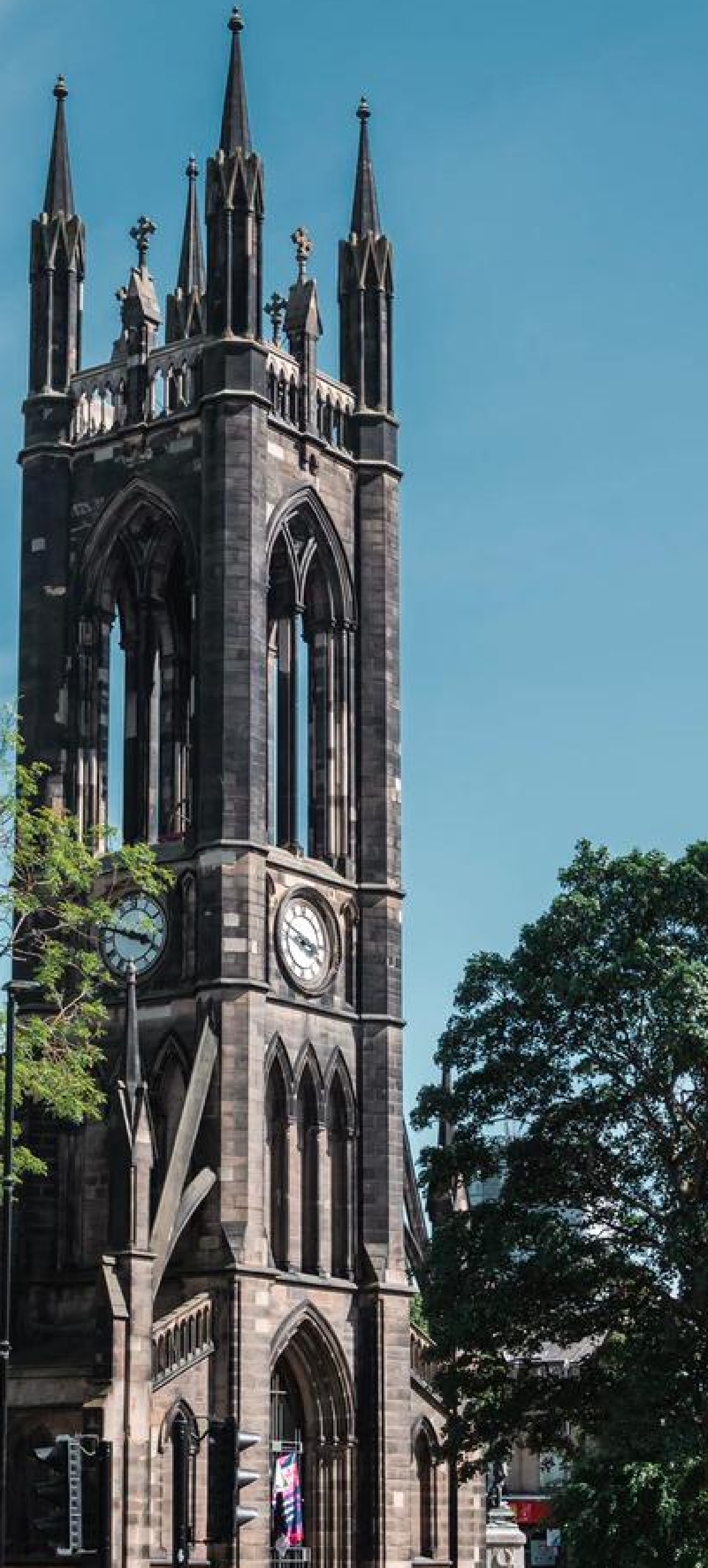
ADDRESS: River View, Bridge Court, Newcastle, NE1 3BE

Newly opened in May 2021, The INNSiDE Newcastle Hotel is the newest international hotel brand coming to Newcastle. It's part of Meliá Hotels International, which is recognised as the most sustainable hotel group in the world* with a commitment to the reduction of non-renewable energy use, waste water and a promotion of a more responsible supply chain. INNSiDE by Meliá offers a range of design-led lifestyle and resort hotels, to give guests more freedom to relax and explore, whether they are travelling for work or leisure. It uses recyclable materials throughout properties, work with hyper-local suppliers and guarantee no single-use plastic.

Courtesy of the NewcastleGateshead Initiative and for more inspiration, please visit NewcastleGateshead.com

www.innside.com

*SAM Corporate Sustainability Assessment



THE MALDRON HOTEL

BEST FOR: Families, couples, and solo travellers

ADDRESS: 17 Newgate St, Newcastle upon Tyne, NE1 5RE

This stylish central hotel is in the perfect position for guests to take advantage of Newcastle's public transport links. As a business it is working towards a more sustainable stay from something as small as re-fillable toiletries, through to the anaerobic processing of all its food waste to create energy for the national grid.

Courtesy of the NewcastleGateshead Initiative and for more inspiration, please visit NewcastleGateshead.com

www.maldronhotelnewcastle.com

MOTEL ONE NEWCASTLE

BEST FOR: Everyone

ADDRESS: 15-25 High Bridge, Newcastle upon Tyne, NE1 1EW

Motel One is only a seven-minute walk away from the station, and five minutes from Newcastle's eponymous castle with plenty of restaurants, bars and attractions within easy reach. All of Motel One's electricity comes from 100 per cent renewable sources, such as hydro power, wind power, and solar power, and all its toiletries are free from microplastics.

Courtesy of the NewcastleGateshead Initiative and for more inspiration, please visit NewcastleGateshead.com

www.motel-one.com/en/hotels/newcastle/hotel-newcastle





JESMOND DENE HOUSE - A TRANQUIL LOCATION A SHORT JOURNEY FROM THE STATION

BEST FOR: Families and couples seeking a tranquil stay, away from the hustle and bustle

ADDRESS: Jesmond Dene Road, Newcastle upon Tyne, NE2 2EY

Situated in a wooded valley in the city suburbs, Peter Candler's Tudor-style mansion is an oasis of calm and a beacon of eco-friendliness. The Dene is formed from the Ouseburn's steep sided, wooded valley which is a peaceful haven. The hotel has a robust environmental policy which means food and drink is locally-sourced, guests can charge their electric cars near the reception and there is even a Green Team to ensure recycling stays paramount.

As well as being an idyllic place to stay, Jesmond Dene House regularly holds events from guided walks to bird watching, to open air theatre productions. Pets corner is a big attraction, appealing to littles ones and the young at heart, it features animals of all shapes and sizes.

Courtesy of Ashleigh Clark, LNER Customer Host

www.jesmonddenehouse.co.uk

RELAX WITH THE FAMILY AT STAYBRIDGE SUITES

BEST FOR: Families with young children

ADDRESS: Buxton Street, Newcastle upon Tyne, NE1 6NL

For an extended stay, or if you prefer a self-catered suite to a standard hotel room, the Staybridge Suites are a good option. There is an onsite fitness room, kitchen facilities in your suite and its in a good spot to access the rest of the city. Being an IHG hotel, it has extensive responsible business policies in place, to reduce the impact on the environment and local area.

Courtesy of Stephanie Fox, Newcastle resident and travel influencer @stephfoxtravel

www.staybridge.com/hotels/us/en/newcastle-upon-tyne

LONDON

From the rich history of the Houses of Parliament to the bright lights of the bars and restaurants in Shoreditch, London is a hive of activity and energy.

Our tips will help you ensure the grass stays green in Richmond Park and the ravens breathe fresh air at the Tower of London.





PLACES TO VISIT IN
LONDON

GET YOUR BARTERING HAT ON FOR SEVERAL MARKETS IN PORTOBELLO ROAD

BEST FOR: Second-hand scouting

ADDRESS: 306 Portobello Road, London, W10 5TA

Portobello Road Market is filled with an array of stalls, located from Westbourne Grove all the way to Goldbourne Road. Local fruit and vegetables, vintage clothing stores and antique finds are among the hidden gems that await to be discovered. For the eco-conscious fashionista, there are lots of second-hand clothes stalls - some with designer buys to be found.

Courtesy of Samantha McKnight, LNER Business Sales Manager

www.portobelloroad.co.uk

EXPERIENCE WILDLIFE PARADISE AND FUN AT WETLAND CENTRE

BEST FOR: Families who want to explore a world of wetland nature

ADDRESS: Queen Elizabeth's Walk, London, SW13 9WT

London Wetland Centre protects wetlands and wildlife - perfect for families to discover during a trip to the capital city. Visitors can meet adorable otters and get up high to enjoy a bird's eye view of the incredible wetlands - plenty of fun for all ages.

Courtesy of LNER's Travel Centre team at London King's Cross

www.wwt.org.uk/wetlandcentres/london/experience





ENJOY A WEEKEND STROLL AT GREENWICH PARK AND BECKENHAM PLACE PARK

BEST FOR: Those who love to explore the great outdoors

ADDRESS: Greenwich Park, Greenwich,
London, SE10 8QY

Beckenham Place Park, Beckenham Hill Road, Beckenham
BR3 5BS

If you are looking for the ideal weekend stroll with your loved ones or your friends, Greenwich Park and Beckenham Place Park are brilliant choices with neighbouring Greenwich Park being a stone's throw from a variety of antique and flea markets. What better opportunity to recycle the old and avoid buying new. Although Beckenham Place Park is only a short train ride from London King's Cross, it is tucked away in a quieter area and boasts idyllic scenery complete with a lake, the perfect backdrop for picnic lunches.

Courtesy of Emrah Mehmet, LNER Station Support Assistant

www.royalparks.org.uk/parks/greenwich-park

lewisham.gov.uk/inmyarea/openspaces/parks/beckenham-place-park

DISCOVER BOTANICAL BEAUTIES AT KEW GARDENS

BEST FOR: Anyone who loves to experience the outdoors

ADDRESS: Royal Botanic Gardens, Kew, Richmond, TW9 3AE

Kew Gardens is famous for its stunning plant collection, attracting nature lovers from all around the world eager to explore its rich abundance of exotic and beautiful plants. Don't miss seeing the Agius Evolution Garden and beautiful walks around the Great Broad Walk Borders. The exciting Children's Garden is especially designed for little ones of all ages to explore all things plants, wildlife and lakes. There's also plenty of research and conservation work underway, which is helping to keep our planet's 'green lungs' healthy.

Courtesy of LNER's Travel Centre team at London King's Cross

www.kew.org

Why not unwind at Kew Garden's green oasis...

REDUCE, REUSE, RECYCLE AT THE JUNK SHOP

BEST FOR: Any eco-conscious shopper looking for a bargain

ADDRESS: The Junk Shop, 9 Greenwich S Street, Greenwich, London, SE10 8NW

Fan of recycling? Well, there's no better place to put it into practice than in London. The city has a heap of thrift, vintage and second-hand stores that are too good to miss. Pop into the historic 'The Junk Shop' in Greenwich and you'll find a rabbit-warren of goodies and pre-loved treasures.

Perfect for those eco-friendly bargain hunters, it's the ideal spot to give some gorgeous vintage finds a second home. Plus, it also has a little tearoom if you fancy a cuppa.

Courtesy of London residents and travel influencers @handluggageonly

www.junkshopandspreadeagleantiques.co.uk

GO EAST TO EXPLORE BEYOND THE MAIN ATTRACTIONS

BEST FOR: Those who like to take in the sights of East London on foot

ADDRESS: St, Dunstan's Hill, London, EC3R 5DD

London is crammed full of world-class attractions and famous spots to see. That being said, there are quite a few hidden gems too.

For couples and friends who want to experience some alternative spots in London, head across to St Dunstan-in-the-East – just a stone's throw from the Tower of London. Here, you'll find the tucked-away ruins of a centuries old church that's totally free to explore. It's great if you're planning on strolling through Central London by foot. After all, it's the eco-friendliest way to get around once you arrive in London.

Courtesy of London London residents and travel influencers @handluggageonly

...or get thrifty at
The Junk Shop?

SHOP TILL YOU DROP 69B BOUTIQUE

BEST FOR: Fashionistas who want a sustainable and ethical wardrobe

ADDRESS: 69b Broadway Market, London, E8 4PH

The 69B Boutique has been open on Broadway Market for 10 years, and was one of the original sustainable fashion stores in London. Here you'll find a beautifully curated treasure trove of cool and emerging sustainable brands from around the world paired with a desire to make the fashion industry more transparent and conscious. The boutique ensures each brand stocked is sustainable in some way, from only using organic fabrics to championing reclaimed materials. Many of the brands like to give back to the community too, from donating shoes to migrants and refugees in Europe to providing repair services to reduce the amount of clothing sent to landfill, you'll be sure to feel good about making a purchase here.

Recommendations by VisitLondon and for more information, please visit visitlondon.com

www.69bboutique.com

TAKE IN A PLAY AT THE ARCOLA THEATRE

BEST FOR: Theatre goers who love their plays carbon neutral

ADDRESS: 24 Ashwin Street, London, E8 3DL

The Arcola Theatre aims to be London's first carbon neutral theatre, and since 2012 has cut its carbon footprint by 25% per cent. Built from re-used brick and timber, with 24 square meters of solar panels, and a bar stocked with drinks sourced within four miles of the theatre, Arcola blends local sustainability with international theatre. Its pay what you can scheme on Tuesdays ensures accessible as well as sustainable theatre, and its newly planned Arcola Outdoors looks to ensure a future for the theatre in a post-covid world.

Recommendations by VisitLondon and for more information, please visit visitlondon.com

www.arcolatheatre.com

DALSTON EASTERN CURVE GARDEN

BEST FOR: Travellers wanting a tranquil break from city life

ADDRESS: 13 Dalston Lane, London, E8 3DF

This Dalston garden was established in 2010 to bring a green space and increased biodiversity to one of the most built up parts of London. The garden acts as a community space with events and workshops throughout the year, including its 'Inspired by Nature' programme which aims to teach local children through gardening, giving them the opportunity to nurture their own piece of nature. The bike racks outside the garden allow for a completely environmentally friendly visit, which would not be complete without a cup of tea and sweet treat at its on-site café.

Recommendations by VisitLondon and for more information, please visit visitlondon.com

www.dalstongarden.org



PLACES TO EAT IN LONDON

TASTE DELICIOUS VEGAN FOOD AT 222 VEGAN

BEST FOR: Vegans looking for freshly prepared, delicious food

ADDRESS: 222 North End Road, Hammersmith, London, W14 9NU

Receiving rave reviews on vegan eating directory The Happy Cow, 222 Vegan in West Kensington is the perfect place to grab a bite to eat when you're out and about sightseeing. On the doorstep of many of Kensington's wonderful museums, the restaurant was created by world renowned vegan chef Ben Asamani, and prides itself on creating nutritious vegan delicacies.

Courtesy of Emrah Mehmet, LNER Station Support Assistant

www.222vegan.com

DINE IN AT ZERO WASTE RESTAURANT SILO

BEST FOR: Couples who are conscious of their carbon footprint

ADDRESS: Unit 7 Queens Yard, Hackney Wick, London, E9 5EN

Silo is a great restaurant in Hackney Wick only a short train ride from London King's Cross station. Its zero-waste ethos sits at the heart of the business and the team only chooses local ingredients.

Silo's team compost all waste created on site, which in turn helps to grow new food - a brilliant formula.

Courtesy of LNER's Travel Centre team at London King's Cross

www.silolondon.com

GRAB AN ECO-FRIENDLY COFFEE AT CARAVAN COFFEE ROASTERS

BEST FOR: Those on the move exploring the city

ADDRESS: 1 Granary Square London, N1C 4AA

Caravan is a perfect place to stop and grab an eco-friendly coffee. The chain prides itself on its zero tolerance plastic straws policy and only uses 100 per cent compostable cups. Caravan only buys produce that is locally and sustainably sourced, making it the perfect choice for a green meal. The outdoor terrace sits directly on Granary Square – just a few minutes' walk from LNER's London base at London King's Cross station – and overlooks a beautiful fountain so you can enjoy a well-earned rest before exploring what else London has to offer.

Courtesy of Samantha McKnight, LNER Business Sales Manager

[www.caravanrestaurants.co.uk/
kings-cross](http://www.caravanrestaurants.co.uk/kings-cross)



CLERKENWELL KITCHEN

BEST FOR: Travellers looking for a sustainable breakfast

ADDRESS: 27-31 Clerkenwell Close
London, EC1R 0AT

Clerkenwell Kitchen offers a seasonal menu made with sustainable and ethically sourced ingredients. Its menu changes daily, so there is plenty of guilt free options to choose from, from soups to sandwiches, and afternoon tea.

Courtesy of VisitLondon and for more information, please visit visitlondon.com

www.theclerkenwellkitchen.co.uk

GROW HACKNEY

BEST FOR: Community minded music and art lovers

ADDRESS: Main Yard, 98C Wallis Road, London,
E9 5LN

Grow Hackney is an independent creative space, bar and kitchen located right by the River Lea. Its food is largely plant based and it has worked with local businesses to source as ethically and locally as possible. It uses eco-electricity, eco-friendly cleaning, and recycled products, and is invested in passing along what they learn about ethical and sustainable business to other businesses. Its also an art and music venue, so the perfect place for dinner and a show.

Courtesy of VisitLondon and for more information, please visit visitlondon.com

www.growhackney.co.uk



INDULGE IN A PUB LUNCH WITH A SUSTAINABLE TWIST AT THE DUKE OF CAMBRIDGE

BEST FOR: Those who love good pub grub - that's also sourced sustainably

ADDRESS: 30, Peter's Street, London, N1 8JT

The Duke of Cambridge is Britain's first certified organic pub, with all of its food being sustainable. The restaurant also minimises its environmental impact by collecting food waste to generate energy via an anaerobic digester, and 100 per cent of its ingredients are certifiable organic.

Courtesy of LNER's Travel Centre team at London King's Cross

www.dukeorganic.co.uk

SUPPORT LOCAL START-UPS AT PECKHAM LEVELS

BEST FOR: Eco-conscious foodies looking to support local business

ADDRESS: 95A Rye Lane, London, SE15 4ST

Peckham Levels is all about supporting local restaurateurs, creative types and lots more. Created with the local community, Peckham Levels champions local talent and encourages a more inclusive regeneration.

Perched over seven floors, you'll be in great company with all the other Londoners that love to chill here. Don't forget to head to the rooftop for a tittle, nibbles and sunsets. It's a great place to start your weekend with your mates. Cheers!

Courtesy of London residents and travel influencers @handluggageonly

www.peckhamlevels.org

Go locally sourced at Franklins

TASTE LOCALLY SOURCED FOOD AT FRANKLINS

BEST FOR: Foodies who care where their food comes from

ADDRESS: 157 Lordship Lane, East Dulwich, London, SE22 8HX

Franklins has been an East Dulwich staple since it opened in 1999 and is committed to carefully sourcing local food from organic farms in London, Kent or South England. The restaurant also has a farm shop, where much of the produce comes from farms in Kent.

Courtesy of LNER's Travel Centre team at London King's Cross

www.franklinsrestaurant.com



COOK UP A STORM AT COOKERY SCHOOL AT LITTLE PORTLAND STREET

BEST FOR: Foodies who want to learn how to cook sustainably

ADDRESS: 15b Little Portland Street, London, W1W 8BW

Cookery School's aim is to take people back to honest, homely cooking by enhancing cooking skills and using high quality, primarily organic, sustainable ingredients. Sustainability sits at the very essence of the Cookery School ethos and because of this, it has attained the highest possible rating from the Sustainable Restaurant Association. As firm believers in reducing its footprint, The Cookery School make sure its impact is as minimal as possible. This means advocating and embracing initiatives like renewable energy; organic, local and sustainably sourced produce; plastic-free; zero waste; water efficiency, and recycling.

Recommendations by VisitLondon and for more information, please visit [visitlondon.com](https://www.visitlondon.com)

www.cookeryschool.co.uk

SPRING RESTAURANT

BEST FOR: Hungry art lovers

ADDRESS: Lancaster Place, London, WC2R 1LA

Located in the stunning neo-classical Somerset House, Spring uses seasonal produce in its menu and in 2019 became the first restaurant in the UK to eliminate single-use plastic from its premises. All its packaging is made from plant-based materials, as well as being compostable or recyclable.

Recommendations by VisitLondon and for more information, please visit [visitlondon.com](https://www.visitlondon.com)

www.springrestaurant.co.uk

PLACES TO STAY IN LONDON



STAY AT LONDON'S AWARD-WINNING ZETTER HOTEL

BEST FOR: Couples and solo-travellers looking for eco-friendly luxury

ADDRESS: St Johns Square, 86-88 Clerkenwell Road, London, EC1M 5RJ

The Zetter Hotel in Clerkenwell is situated a pleasant walk from London King's Cross Station. As a hotel that has its own sustainable design policy, it boasts paint and timber features that are sustainably sourced. On top of being a luxurious place to stay, the hotel restaurant is committed to only using seasonal ingredients - ticking another eco-friendly box!

Courtesy of Samantha McKnight, LNER Business Sales Manager

www.thezetter.com

ENJOY A PEACEFUL STAY AT TREEHOUSE LONDON

BEST FOR: Families who want a stay with a difference in Central London

ADDRESS: 14-15 Langham Place, London, W1B 2QS

Treehouse London strives to be 100 per cent sustainable, offering a composting and recycling programme. The hotel is situated in the heart of London with world class views of The London Eye, The Shard and Regent's Park, and bedrooms are all fitted with organic cotton sheets and locally-sourced products.

Courtesy of LNER's Travel Centre team at London King's Cross

www.treehousehotels.com/london



GET A GREEN NIGHT SLEEP AT THE GOOD HOTEL

BEST FOR: Family owned and eco-conscious overnight stays

ADDRESS: Royal Victoria Dock, Western Gateway, London, E16 1FA

Good Hotel believe in hotels that are beautiful and have a positive impact on the communities they are in. It is a social business, meaning excess profits go to good causes around the world. Good Hotel provides long-term unemployed people with the opportunity to build a career in hospitality and it finds interesting locations to re-use and up-cycle, and where possible it sources locally and sustainably, from the furniture in the rooms to the food it serves. Think family-owned, environmentally friendly, and hand-crafted. Good Hotel support the community by working with unique and talented local players such as the charitable brand Belu for all the recycled-glass water bottles, to selecting delicious produce from UK farms and London markets.

Recommendations by VisitLondon and for more information, please visit visitlondon.com

www.goodhotel.co/london

**Opulence twinned with sustainability
at the Corinthia Hotel**

REST UP AT THE CORINTHIA HOTEL

BEST FOR: Families and couples who want an opulent and sustainable hotel

ADDRESS: The Corinthia Hotel, Whitehall Place, Westminster, London, SW1A 2BD

For couples wanting a luxurious getaway, the Corinthia Hotel in Westminster is a total dream. Think five-star opulence without compromising on the all-important eco-friendly touches that are so important.

To keep things greener, the Corinthia Hotel has a heap of policies from prioritising local and sustainably sourced goods, window technology that reduces the need for air-conditioning and the recycling of waste and damaged linen.

Courtesy of London residents and travel influencers @handluggageonly

www.corinthia.com/london

STAY AT ONE ALDWYCH HOTEL FOR SUSTAINABLE LUXURY

BEST FOR: Couples looking for eco-friendly chic

ADDRESS: 1 Aldwych, West End, London, WC2B 4BZ

One Aldwych Hotel has always been known for its luxury status, but it is also one of London's most eco-friendly hotels. Adopting environmentally conscious initiatives like bio-degradable packaging for in-room amenities and a chlorine free swimming pool, the hotel also boasts the Indigo restaurant which is perfect for vegan friendly, dairy and gluten-free romantic dinners. An ideal dinner spot for a city break, you'll be wowed by Indigo's seasonal ingredients from the British Isles.

Courtesy of Emrah Mehmet, LNER Station Support Assistant

www.onealdwych.com



QBIC HOTEL LONDON

BEST FOR: The actively eco-conscious

ADDRESS: 42 Adler Street, London, E1 1EE

Located in the heart of London and easily accessible via the underground, Qbic is a solar powered hotel with tons of green amenities, including electric car charging points, repurposed and upcycled furniture, and Stop-The-Water-While-Using-Me organic toiletries. Its free bike borrowing service makes use of recycled bicycles and helmets to encourage greener exploration of the city, and Qbic rewards green thinking by offering guests a free drink if they choose not to have their room serviced during multi-night stays.

Recommendations by VisitLondon and for more information, please visit visitlondon.com

www.qbichotels.com/london-city

HAM YARD

BEST FOR: Couples looking for a stylish getaway

ADDRESS: 1 Ham Yard, London, W1D 7DT

Located in Soho, Ham Yard has won awards for its energy efficiency, achieving an Excellent Energy Efficiency Performance rating. It also has a living roof terrace featuring a kitchen garden and two bee hives with a full compliment of honey bees. Not only does this add to London's biodiversity, but it means that Ham Yard has fresh and seasonal fruit, vegetables and honey to use in its bar and restaurant. Its central location makes it the perfect choice for anyone wanting to see the sights by foot or public transport.

Recommendations by VisitLondon and for more information, please visit visitlondon.com

www.firmdalehotels.com/hotels/london/ham-yard-hotel

MY BLOOMSBURY HOTEL

BEST FOR: Those looking for a central location

ADDRESS: 11-13 Bayley Street, Bedford Square, London, WC1B 3HD

My Bloomsbury takes a proactive approach to the environment by providing guests with separate recycling containers so that as little waste as possible ends up going to landfill. It uses energy efficient lighting, encourages guests to re-use towels in order to save the water that would be used in unnecessary laundering, and provides Life Water for guests which helps to fund clean water projects worldwide.

Recommendations by VisitLondon and for more information, please visit visitlondon.com

www.myhotels.com/bloomsbury





Now it's over to you, share your own tips and tag us in your social posts.

#GreenGuide



@LNER

